



**DELHI 2010**<sup>TM</sup>  
XIX COMMONWEALTH GAMES

## **Sport Handbook**

### **Section III**

# SECTION – III

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## **TRANSPORT**

Athletes, Team Officials and Technical Officials will be transported using a dedicated bus service for the official Games period, 23 September to 15 October 2010. Transport services to and from the Commonwealth Games Village (CGV) to all Competition and Training Venues will cease upon completion of that Sport's competition. Services cease to all Competition Venues on 15 October, 2010.

The OC CWG Delhi 2010 has developed an accessible transport strategy to ensure that all people can move independently both internally and externally of CGV.

The buses being deployed for the transportation of the Athletes, Team Officials and Technical Officials are all air conditioned, CNG fuelled, low floor and offering ramp access to Para-Sport athletes who can be transported in the wheelchairs.

Buses will have the ability to accommodate from one (1) to five (5) wheelchair with sufficient space for accompanying equipment.

Low floor buses allow easy access for loading and unloading, as well as seating positions for wheelchair users and athletes accompanied by a personal care attendant.

### **Athletes & Team Officials**

Athletes & Team Officials will be provided shuttle bus services from the Commonwealth Games Village (CGV) to training and competition venues. Shuttle bus services from the Games Village to Competition Venues will run at 15 minute frequency and to training venues at one (1) hour frequency. If and when required the frequency of the shuttles may vary and this will be decided by the transport FA as per the competition scheduling.

### **Technical Officials**

In conjunction with the Sport Programme, an appropriate transport service will be provided to meet the specific requirements of Technical Officials for both the training and competition periods. Transport schedules and other relevant details will be provided to Technical Officials in Technical Officials Handbook and Team Leaders Guide upon arrival at the Technical Officials Hotels.

## **MEDICAL**

### **Village Polyclinic**

The Village Polyclinic will be located within the Residential Zone at the Commonwealth Games Village (GCV) and will provide primary medical care services from 23 September to 16 October, 2010 to all Athletes, Officials and team members. The details are available in the Medical Handbook.

These services will be supplemented by an Athlete Medical Centre at each of the Competition Venues.

The Village Polyclinic will be open daily between 08:00 and 22:00. Emergency medical and pharmacy services will be provided on a 24 hour basis.

The Village Polyclinic will be supported by an on-site ambulance service for direct transfer to the designated Games Family Hospital on a round the clock basis.

### **Technical Officials accommodation**

Basic Medical services will be provided at Technical Officials accommodation for 2 hours in the morning and two hours in the evening. Emergency on call will be available 24 hours a day, 7 days a week.

### **Competition Venues**

Medical services will be provided for athletes at each of the Competition Venues. These services will encompass the provision of general/emergency medicine and physiotherapy services. The service will be available from 1 hour prior to start of competition and will close once all athletes have left the venue. An on-site ambulance service will provide further support to sports requiring these services.

Medical services for spectators will be provided by the Health Department of the Delhi Government at the designated areas within the Competition Venues.

### **Training Venues**

A designated Medical Room with a Doctor, Nurse and Physiotherapist will be provided during official opening times of all Training Venues. Athletes and Team Officials should check the location of this facility at the Training Venue upon arrival. Where required by the Sport, paramedic ambulances will also be on standby at the venue.

## **DOPING CONTROL**

The mission of Delhi 2010 is to implement an effective doping control program during the Games, in accordance with the CGF Anti-Doping Standard developed in compliance with the WADA Code 2009 and accompanying International Standards.

Athletes and Supporting Personnel participating in Delhi 2010 shall receive updated and accurate information of the Doping Control Program and specifically, the List of Prohibited Substances and Methods, the health consequences of doping, the doping control procedures and Athletes rights and responsibilities.

The program shall also promote the spirit of sports and to dissuade Athletes from using Prohibited Substances and Prohibited Methods in order to establish a drug free environment.

Athlete's Support Personnel shall be encouraged to educate and counsel their Athletes regarding Doping Control policies and procedures and CGF-ADS enacted for Delhi 2010.

It is believed that all participating CGAs, International Federations, Athletes and Athlete's Support Personnel shall cooperate with each other and with CGF, Doping Control Division and other stakeholders to synchronize the efforts in Doping Control information and education.

Full details on the Doping Control Programme will be provided to CGAs in the CGF Anti-Doping Standard Handbook for the Delhi 2010.

## **INFORMATION**

### **Information before 16 September. 2010**

CGAs requiring any technical information or clarification should contact the concerned CGA Relation manager

### **Information from 16 September – 17 October 2010**

The Sports Information Centre (SIC) is located in the International Zone of the Commonwealth Games Village.

In addition there will be a Sports Information Desk at each of the Competition Venues and at the Technical Officials accommodation.

### **Sports Information Centre (SIC) at the Commonwealth Games Village**

The Sports Information Centre (SIC) at the Games Village will be operational from 23 September to 15 October, 2010 and will be located in the International Zone of the Commonwealth Games Village (CGV). It will open daily from 07:00 until 22:00 and will provide Chefs de Mission, Team Managers and Team Officials with critical information relating specifically to training and competition for each of the 17 Sports, including the Para-Sports.

Athletes will not have access to the SIC.

Each of the 17 Sports will have a dedicated Sport Desk within the SIC. The desks will be staffed by personnel who can liaise directly with the relevant Competition Manager. The aim is to provide a one-stop sport, transport, information service to Team Officials and their technical staff.

The SIC will provide all Sports information and results. Other general services offered by the information centre are:

- Distribution of technical information on results, start lists, competition schedules etc.
- Distribution of information on Technical Meetings, seedings and draws. Technical Official appointments, training sessions, transport arrangements, etc.
- Procedure for CGAs to book/amend training sessions.
- Procedure for CGAs to declare training sessions open to the media and for advising media on a daily basis of any open training sessions.

- Providing communication links between competition venue, D2010 Competition Management and Teams.
- Receipt and authorization of requests for Athlete Venue Meals (AVMs).
- Co-ordination of Sports and other information for CGAs
- General information service.
- Co-ordination of other requests from Team Officials as applicable.

#### **Sports Information Desk at Competition Venues**

The desk will be operational on each day of competition from two hours before competition begins until half an hour after the end of competition, and will provide the same service, on a reduced level, as the SIC at the CGV, as detailed above.

#### **Sports Information Desk at Technical Officials (TOs) accommodation**

The Information Desk at the Technical Officials Hotels will be operational from 29 September to 15 October, 2010 to provide Technical information to TOs.

## **CATERING**

### **Athletes and Team Officials - Commonwealth Games Village**

Dining Hall in the Games Village will be open 24 hours a day with approximate seating capacity of 2300 athletes/ team officials and along with 700 work force team

- Cold food stations and beverages will be self serve, and hot food stations will be assisted service.
- The menu will cater for most geographical, cultural, religious and sporting needs. Menus will be varied in order to represent the ethnic and geographical diversity of the Commonwealth.
- Athletes & Team Officials will require their accreditation with a 'fork and knife' symbol to enter dining hall.
- A cafe will operate in the International Zone. Products can be purchased from these outlets using cash or credit card i.e. there are no accreditation privileges.

### **Athletes Venue Meals**

Under certain circumstances, and if the athlete / team officials are at a Competition Venue for more than 4 hours, Team Officials will be able to order Athlete Venue Meals (AVMs) for their team and themselves on competition (not training) days.

- Athlete Venue Meals must be ordered at the Sports Information Centre in the Games Village by 18:00 on the day before the requirement
- Athlete Venue Meals will not be available at any training venue
- Athlete Venue Meals are not available for any athlete or official who has completed his/her competition
- Refreshments consisting of bottled water, tea, coffee, sports drinks, cookies and fruit will be provided at both competition and training venues in the Athletes' Lounge

## **ACCESSIBILITY FOR PARA-SPORT ATHLETES**

### **Accessible Commonwealth Games Village**

The Commonwealth Games Village has been designed to ensure that all areas are fully accessible and that it is flexible, comfortable and functional for all athletes and teams officials. The design of each residential area is such that it limits steps and thresholds at entries, provides elevators to upper levels and provides for open plan room designs and has bathrooms that allow easy access.

The Commonwealth Games Village will also have an accessible intra site shuttle bus service providing transport throughout the Commonwealth Games Village.

Within the Village the key components have been reviewed to ensure they are accessible, these include:

- International Zone – Automatic Teller Machines and Bank, Post Office, Internet Café, Ticket Office, General Store, Toilets
- Transport Mall – Paths, Lighting, Toilets, Loading and Unloading Zones
- Dining Hall and Casual Dining – Seating Counters, Dining Tables and Toilets
- Polyclinic – Treatment Tables and Toilets
- Gym & Recovery Centre – Treatment Tables, Toilets
- Village Management Centre

Other services available to Para Sport athletes include:

- Shower seats within bathrooms
- Repair of Athletic Mobility Aid Equipment e.g. Prosthetic Limbs
- Repair of Wheelchair malfunctions e.g. Punctures, Broken Spokes or Wheel rims
- Assistance by Village staff and Volunteers who have been appropriately trained to assist the Para-Sport athletes.

### **Accessible Competition Venues**

The training and competition venues at the Games are accessible for all populations including athletes and technical officials, using wheelchairs that have mobility or visual impairments.

These include athlete call rooms, media and Para-Sport athlete mixed zones, toilets, areas for spectating and direct access to Games transport systems.

Due to the limited accessible seating in all venues, spectating Para Sport athlete seating may be limited in some venues.

### **Accessible Games Transport**

Delhi 2010 has developed an accessible transport strategy to ensure all people can move independently internally and externally of the Commonwealth Games Village.

Accessible transport for non-competing athletes is available from the Commonwealth Games Village to the City and key venues. Athletes should plan trips well in advance to ensure transport availability.

Any specific accessibility requirements should be communicated by the CGA to Delhi 2010

### **Wheelchair and Prosthesis Repairs**

A Wheelchair and Prosthesis Repair workshop will be located in the International Zone at the Commonwealth Games Village. Repairs to prosthesis and wheelchairs will be coordinated through the Polyclinic and as such all requests for repairs should be done through the Polyclinic.

Additionally a limited repair wheelchair and prosthesis repair service will be available at each of the Competition Venues hosting Para-sport events.

## **ARRIVALS AND DEPARTURES**

### **Advice on Travelling with Wheelchairs**

It is recommended that all CGAs liaise with their travel agent and airline to ensure arrangements are made for wheelchairs to be delivered to an arrival area on disembarkation from the aircraft.

Delhi 2010 recommends that passengers using wheelchairs make the following preparations for air travel:

- Clearly place the name of the wheelchair owner on the chair.
- Mark day chairs prior to arriving at the airport with tags attached to the front of the frame and the wheels.
- Bright “bring wheelchair to cabin door” tags should be placed on the day chairs prior to departure.

Consider partially deflating sports wheelchair tyres prior to placement in the aircraft’s hold to reduce the effect of air pressure changes. Ensure air pumps will be available

## **ACCREDITATION**

### **General Procedures**

Accreditation is the process that identifies and registers all Games participants. The process establishes a participants' eligibility to enter a Games venue and the access entitlements they need to fulfil their roles.

All Commonwealth Games Delhi 2010 participants must go through the accreditation process in order to gain access to competition venues, training venues and, when appropriate, to the Games Village.

Access to all Games Venues will be controlled at the Venue perimeter and at the entrances to the various restricted internal zones in order to verify accreditation and access rights.

### **Accreditation of Personal Coaches**

Each CGA will be entitled to the following:

- Accreditations for any number of Personal Coaches. However, this accreditation will be the first part of a two-part pass and will not provide any venue access privileges. The second part of the two-part pass is required for venue access.
- One venue access pass (the second part of the two part pass) for every 20 participating athletes within their delegation. e.g. 19 athletes - one venue access pass, 21 athletes - two venue access passes.
- The venue access passes for Personal Coaches will be Sport specific and non-transferable.
- The two part 'P' accreditations for Personal Coaches will provide access to athlete preparation areas in training and competition venues but will not provide access to the field of play.
- CGAs will be required to apply for accreditations within this category in the normal way. The deadline for applications for this category of accreditation will be June 2010
- **'P' accredited will be entitled to;**
- Access to their own Sport training and competition venues (athlete preparation areas only) personal coaches will not be allowed on the FOP in the Competition venue even when it is on the "warm mode"
- Commonwealth Games Transport Network (Ts) transports rights.

**Note: There will be no access to the Games Village or Athlete Transport System.**

The two-part pass will not provide access to spectator seating areas at competition venues. Personal coaches wishing to view the competition will be required to purchase a ticket in the normal way.

Consistent with the policy followed during the Melbourne Commonwealth Games on Personal coaches, the OC CWG Delhi 2010 will permit one (1) Personal Coach for every 20 Athletes.

**Please note that:**

- All Personal Coaches must also complete the Eligibility and Conditions forms.
- Personal Coaches are responsible for making their own visa arrangements for entry into India.

**Accredited Seating for Athletes, Team Officials and Technical Officials**

Accreditation for Athletes and Team Officials will provide right of entry to the Athletes Stand at sport venue(s) only for the sport for which they have been accredited. These dedicated seating areas will be provided for non-participating same sport Athletes and Officials on a first come, first served basis.

## **ABOUT DELHI**

### **CITY DEMOGRAPHICS:**

Area:	1483 sq. kms.
Altitude:	239 mts. above sea level
Population:	1, 44, 00,000
Language spoken:	Hindi, English, Urdu and Punjabi

### **AVERAGE TEMPERATURE (CELSIUS) OF LAST 10 YEARS FROM 3-14 OCTOBR, 2010 AT DIFFERENT TIMINGS OF THE DAY:**

#### **Average Temperature**

<b>Time</b>	<b>0600</b>	<b>0700</b>	<b>0800</b>	<b>0900</b>	<b>1000</b>	<b>1100</b>	<b>1200</b>	<b>1300</b>
<b>Temp</b>	<b>22.3</b>	<b>22.1</b>	<b>23.1</b>	<b>26.0</b>	<b>28.4</b>	<b>30.2</b>	<b>31.6</b>	<b>32.4</b>
<b>Time</b>	<b>1400</b>	<b>1500</b>	<b>1600</b>	<b>1700</b>	<b>1800</b>	<b>1900</b>	<b>2000</b>	<b>2100</b>
<b>Temp</b>	<b>32.8</b>	<b>32.9</b>	<b>32.7</b>	<b>32.1</b>	<b>30.3</b>	<b>28.2</b>	<b>26.7</b>	<b>25.7</b>

#### **Average Humidity**

<b>Time</b>	<b>0600</b>	<b>0700</b>	<b>0800</b>	<b>0900</b>	<b>1000</b>	<b>1100</b>	<b>1200</b>	<b>1300</b>
<b>Humidity %</b>	<b>80</b>	<b>80</b>	<b>77</b>	<b>67</b>	<b>59</b>	<b>51</b>	<b>45</b>	<b>41</b>
<b>Time</b>	<b>1400</b>	<b>1500</b>	<b>1600</b>	<b>1700</b>	<b>1800</b>	<b>1900</b>	<b>2000</b>	<b>2100</b>
<b>Humidity %</b>	<b>38</b>	<b>37</b>	<b>37</b>	<b>39</b>	<b>45</b>	<b>55</b>	<b>63</b>	<b>67</b>