

DOPING CONTROL MANUAL



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Mission

The mission of the Organising Committee Commonwealth Games 2010 Delhi (OC CWG Delhi 2010) is to implement an effective Doping Control Programme during the XIX Commonwealth Games 2010 Delhi (D2010). The OC CWG Delhi 2010 and the Commonwealth Games Federation (CGF) are responsible for conducting the Doping Control Programme at the Games in compliance with the CGF Anti-Doping Standard, World Anti-Doping Code 2009 and the accompanying International Standards.

Objective

The Doping Control Programme for the Games is athlete centred with the main aim of providing confidence to Athletes that they are competing on a “Fair Playing Field” and to act as a deterrent to Athletes and their support staff from competing unfairly and putting the Athletes’ welfare at risk. Its secondary function is to screen Athletes to ensure that they are not competing whilst under the influence of performance enhancing substances or methods. The third and final function of the programme is to provide information relating to the doping control rules and procedures; and on the dangers and consequences of doping. Urine, blood or any other test as identified by the CGF/WADA will be conducted at the Games. Rule violations can be both analytical (finding of prohibited substance in the body fluid) or non analytical (infringement of other anti-doping rules as per the CGF and WADA rules).

Foundation

The Doping Control Programme for D2010 has been founded based on the following:

- Bid Commitments
- Host City Contract Commitments
- CGF Manual Requirements
- CGF Reporting Requirements
- Doping Control Obligations
- CGF-Anti-Doping Standard (ADS) Obligations

Organisations

The Doping Control Programme to be implemented for D2010 will be collaborative efforts of:

- Commonwealth Games Federation (CGF)
- Organising Committee Commonwealth Games 2010 Delhi (OC CWG Delhi 2010)
- World Anti-Doping Agency (WADA)
- International Paralympic Committee (IPC)
- International Federations (IFs)
- Commonwealth Games Associations (CGAs)

Important Dates

Opening of the Commonwealth Games Village (CGV)	23 September 2010
Opening Ceremony of the Games	3 October 2010
Closing Ceremony of the Games	14 October 2010
Doping Control Operation Period	23 September - 14 October 2010
Last Date to Submit Therapeutic Use Exemption (TUE) Notifications to CGF-Medical Commission (MC)	2 September 2010
Last Date to Submit TUE Applications to CGF-MC	23 July 2010
Last Date to Submit Whereabouts Information	23 July 2010

Games Period

The Games Period is defined as the date of opening of the Commonwealth Games Village (CGV) till the Closing Ceremony of the Games.

Testing Authority

The CGF has the authority to test Athletes any time and any where during the Games Period. It can be during in-competitions, out-of-competitions and pre-competitions for substances and methods prohibited by WADA enlisted on 'The List of Prohibited Substances and Methods 2010'. The selection of the Athletes for doping control tests may be based on the final positions, random as well as target.

CGF Anti-Doping Standard

The CGF has enacted ADS for D2010. The objective of CGF-ADS is to provide a clear understanding of anti-doping rules, regulations and specific technical procedures and policies, enacted and applicable exclusively for D2010, addressed to all Athletes and Officials of each CGA participating in D2010.

The CGF-ADS describes the roles and responsibilities of the organisations as well as individuals involved in the Doping Control Programme developed for D2010. It also provides an overview of the CGF Doping Control Programme enacted in collaboration with the Doping Control Division.

The CGF-ADS will apply to all Athletes participating in D2010, i.e., able bodied Athletes, Para Athletes and Support Personnel. While maintaining flexibility, CGF-ADS will be published and delivered on time as follows:

- The pdf files of CGF-ADS will be delivered in February 2010;
- The print booklet of CGF-ADS will be available from March 2010; and
- Any amendment to CGF-ADS, if made, will be communicated to the stakeholders.

Commonwealth Games Federation

The CGF promotes the shared values of integrity, fair play, competence, commitment to excellence, respect for gender equality and tolerance, including the fight against the use of drugs in sports and of unhealthy or performance enhancing substances and methods.

The CGF has the jurisdiction to sanction Athletes and Support Personnel only in relation to the Games. Therefore all Adverse Analytical Findings and evidence of other Anti-Doping Rule Violations will be handled in accordance with CGF-ADS and shared with the relevant IFs for long-term sanctions in accordance with the World Anti-Doping Code as well as their own anti-doping rules.

CGF Honorary Medical Advisor (CGF-HMA)

Dr. M. Jegathesan is appointed by the CGF Executive Board as the CGF Honorary Medical Advisor. The CGF-HMA chairs the CGF Medical Commission during the XIX Commonwealth Games 2010 Delhi and leads the doping control management and organisation for the Games. The CGF-HMA is also responsible for consultation with IFs for the selection policies of Athletes to be tested.

CGF Medical Commission (CGF-MC)

The CGF Medical Commission under the chairmanship of Dr. M. Jegathesan will authorise selection of Athletes, supervise sample collection procedures and review adverse and unusual analytical findings and any other Anti-Doping Rule Violations. Following initial review or investigation the CGF Medical Commission will refer potential Anti-Doping Rule Violations to the CGF Court for hearing and sanctions.

Commonwealth Games Federation Court (Federation Court)

The Federation Court will receive Notification of all Adverse Analytical Findings and other potential Anti-Doping Rule Violations from the CGF Medical Commission following an initial review. The Federation Court after review of the case will immediately impose provisional suspension on the concerned Athlete. The Federation Court will also receive submissions from the concerned Athletes or Support Personnel during hearings. Following completion of the process, the Federation Court will determine appropriate sanctions (if any) and notify the hearing results to the relevant organisations.

CGF Medical Commission – Therapeutic Use Exemption Committee (TUE-Committee)

The CGF-MC establishes a TUE Committee to acknowledge the receipt of TUEs from Athletes in the lead up to the Games. The TUE Committee will also process applications of TUEs from Athletes who have not obtained a TUE from their relevant IF or National Anti-Doping Organisation (NADO).

Doping Control Subcommittee, XIX Commonwealth Games 2010 Delhi (Subcommittee)

The Doping Control Subcommittee is chaired by Prof. (Dr.) ManMohan Singh, Chairman Medical and Anti-Doping Commission, National Olympic Committee (NOC), India and Member, Medical Committees of the Association of National Olympic Committees (ANOC) and Olympic Council of Asia (OCA). The Subcommittee has been set up by the OC CWG Delhi 2010 to act in a supervisory and monitoring capacity for advising on planning, refinement, efficiency in operational execution, etc. The Subcommittee is working in close liaison with the CGF-HMA.

Doping Control Division, OC CWG Delhi 2010 (Division)

The Doping Control Division is headed by Dr. Munish Chander, Director, Doping Control. The Division is responsible for planning, developing, managing and implementing the Doping Control Programme for D2010 in accordance with CGF-ADS.

For any assistance on doping control, please contact Dr. Munish Chander at:
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F: +91-11-24500455
M: +91-9971700369
E-mail: doping.control@cwgdeldhi2010.org

Respiratory Studies Panel

The Panel will assist the CGF Medical Commission in examining the cases of asthma and its clinical variants to use for the TUE process.

Doping Control Facilities

Each competition venue has its own doping control station near the 'Field of Play,' especially the Mixed Zone. In accordance with the International Standards for Testing (IST), the doping control stations are in compliance with the Athlete's privacy and security and will be used solely as doping control stations for the duration of the Games Period.

Athletes are required to remain in the doping control station until the collection process is completed; the OC CWG Delhi 2010 has ensured the doping control stations are comfortable for the Athletes to relax; non-alcoholic beverages will be available to the Athletes to hydrate. The size of the doping control facilities will depend upon the test distribution plan and the peak number of doping controls to be conducted at a period of time.

A doping control centre will be established in the CGV near the Polyclinic. The centre will be used for the out-of-competition testing programme as well as for late finishing tests.

The doping control command centre will be established in the OC CWG Delhi 2010 Secretariat. Information to all doping control stations will be communicated through this centre.

Doping Control Equipment and Documentation

The Berliners' Doping Control Kits and other sample collection equipment and documentation to be used will be in accordance with the criteria outlined in the IST. The OC CWG Delhi 2010 has ensured that the Doping Control Officers have the necessary knowledge and the sample collection equipment to conduct a sample collection session with para-Athletes.

Doping

Doping is defined as the occurrence of one or more of the Anti-Doping Rule Violations set forth in Article 2.1 through Article 2.8 of the WADA Code 2009.

Prohibited List

The CGF-ADS incorporate 'The 2010 Prohibited List' enacted by WADA.

Therapeutic Use

Athletes participating in the Games must be in possession of a TUE certificate, if the Athlete needs to use a medication that is included in the WADA List of Prohibited Substance and Methods, which will be in force from 1 January 2010.

During Games Period, the CGF-TUEC office will be set up in the CGV in the Polyclinic to assist the Athletes and supporting staff. The CGF-TUEC will receive duly approved (IF/NADO) TUE applications from the concerned Athletes till 2 September 2010 (21 days before the official opening of the CGV). If the Athletes do not have an opportunity to get approval from IF/NADO and want to apply to CGF-TUEC, they will have to send in their applications by 23 July 2010 (60 days prior to the official opening of CGV) unless it is an emergency. Such requests will be received by the OC CWG Delhi 2010 and channelled to the Chairman CGF-TUEC. A circular detailing the requirements and process for TUE applications will be sent to CGAs in April 2010.

Comment: An athlete who has applied to their IF or NADO for a TUE and had such application considered and rejected by that body, may not apply to the CGF-TUEC on the same grounds.



The Use of Inhaled Beta-2 Agonists

The use of inhaled Formoterol, Salbutamol, Salmeterol, Terbutaline reflects current clinical practice. The use of these substances should be declared on Anti-Doping Administration and Management System (ADAMS), where reasonably feasible and in accordance with the WADA Code 2009 as soon as the product is used and must also be declared on the Doping Control Form at the time of testing. Failure to declare will be taken into account in the result management process in particular in the case of application for a retroactive TUE. Athletes using the substances listed above by inhalation must have a medical file justifying this use.

Declaration of Use Process

It is acknowledged that some substances included on the List of Prohibited Substances are used to treat medical conditions frequently encountered in the Athlete population. For monitoring purposes, these substances, for which the route of administration is not prohibited, will require a simple declaration of use. These are strictly limited to:

Glucocorticoids used by non systemic routes, namely intra-articular, peri-articular, peri-tendinous, epidural, intradermal injections and inhaled route.

For these substances, the Declaration of Use should be done through ADAMS, where reasonably feasible and in accordance with the Code, by the Athlete at the same time as the use starts. This declaration should mention the diagnosis, the name of the substance, the dose undertaken, the name and the contact details of the physician.

In addition, the Athlete must declare the use of the substance in question on the Doping Control Form.

Test Distribution Planning

The CGF shall have testing jurisdiction during the Games Period over all Athletes who are nationals, residents, license-holders or members of sports organisations of CGAs and are participating in D2010. They must comply with any request for testing by the CGF. The CGF will coordinate with IFs and WADA to plan and conduct an effective number of out-of-competition doping control tests during the Games Period on Athletes participating in the D2010. The out-of-competition testing shall be at a 'no advance notice' and the target testing will be prioritised.

Jurisdiction of Services

Athletes can be tested any time, any where and at no advance notice during the Games Period. The testing shall be of following types:

- Pre-competition
- In-competition
- Out-of-competition

Whereabouts Information

All Athletes will be required to submit their Games Period whereabouts information to the OC CWG Delhi 2010. The CGAs will be informed to submit the whereabouts information of their participating Athletes on prescribed forms to a predetermined recipient at the OC CWG Delhi 2010. The information will then be made available to CGF-MC for pre-competition and out-of-competition testing as appropriate. A circular detailing the requirements and the process will be issued to CGAs in April 2010.

Test Requests by CGAs

Doping control tests for record validation required by CGAs may be carried out through a request on a prescribed Additional Doping Control Test Form. The request should come from the Chef de Mission or representative of a relevant CGA to the Venue Doping Control Manager or to the Director, Doping Control Division. The Chef-de-Mission or representative of a relevant CGA will be required to enter an agreement to make the payment to the OC CWG Delhi 2010 on account of the doping control test requested by the CGA. All such samples collected on request will be analysed in the WADA accredited laboratory in conformity with CGF-ADS.

Use of Approved Laboratories

For purposes of Article 2.1 WADA Code 2009 (presence of a Prohibited Substance or its Metabolites or Markers), samples will be analysed only in WADA-accredited laboratories or as otherwise approved by WADA. The CGF has agreed with the OC CWG Delhi 2010 to get doping control samples analysed from the WADA accredited National Dope Testing Laboratory (NDTL) New Delhi, India.

Purpose of Collection and Analysis of Samples

Samples will be analysed to detect Prohibited Substances and Prohibited Methods identified on the Prohibited List 2010 and other substances as may be directed by WADA/CGF pursuant to Article 4.5 WADA Code 2009 (Monitoring Programme), or to assist an Anti-Doping Organisation in profiling relevant parameters in an Athlete's urine, blood or other matrix for anti-doping purposes.

Research on Samples

No sample may be used for any purpose other than as described in Article 6.2 WADA Code 2009 without the Athlete's written consent. Samples used for purposes other than Article 6.2 WADA Code 2009 shall have any means of identification removed such that they cannot be traced back to a particular Athlete.

Standards for Sample Analysis and Reporting

Laboratories shall analyse doping control samples and report results in conformity with the International Standard for Laboratories.

Retesting Samples

A sample may be re-analysed for the purpose of Article 6.2 WADA Code 2009 at any time exclusively at the direction of the CGF that collected the sample or WADA. The circumstances and conditions for re-testing samples shall conform to the requirements of the International Standard for Laboratories.

Retirement from Sports

If an Athlete or person retires while the results management process is underway, the CGF conducting the results management process retains jurisdiction to complete its results management process.



Result Management

The WADA accredited laboratory/ies contracted for D2010 will send analytical analysis results as available daily to the CGF-HMA. A dedicated and secured fax or encrypted e-mail will be set up for the Games Period to receive the analytical results by the CGF-HMA.

The contracted laboratory/ies will assist the CGF-MC in investigations, as directed by the CGF-HMA or his representative for testing of additional samples or tests and or 'B Samples'. The contracted laboratory/ies will also provide relevant documentation as directed by the CGF-HMA or his representative.

Doping Control Personnel will not only assist in investigations but also be present during the hearings, if requested by the CGF-MC.

Hearings

The Federation Court will provide a hearing process for any person who is asserted to have committed an Anti-Doping Rule Violation.

Appeals

During the Games Period, appeals from decisions of the Federation Court will be heard by the ad-hoc Division of Court of Arbitration for Sports.

After the conclusion of the Games Period, appeals from decisions of the Federation Court will be heard by the Appeals Arbitration Division of the Court of Arbitration for Sports in accordance with the Code for Sports Related Arbitration and the World Anti-Doping Code.

WADA Athlete Outreach Programme

The WADA Athlete Outreach Programme will be a visible feature during D2010 in the CGV. The programme promotes and encourages doping free sports through exhibits, media, video Games and

personal interactions. The programme consists of an exhibit or a booth within the CGV staffed by individuals with expertise in the field of anti-doping. The WADA team interacts one-on-one with Athletes and their entourage while answering questions and handing out information.

WADA Independent Observers

The WADA Independent Observers Programme is an initiative of WADA which aims to promote open and transparent anti-doping procedures at major events. The primary role of WADA Independent Observers team is to observe, audit and report to WADA on all facets of the anti-doping operations. Team members are experts appointed by the Office of the Independent Observers. The CGF has invited the Independent Observer team to D2010.

Venue Doping Control Operation Staff

In accordance with the International Standard for Testing, the Doping Control workforce selected for the implementation of the Doping Control Programme during D2010 would be given rigorous theoretical as well practical training in different phases. The successful completion of the training will enable them to become certified Doping Control Personnel to conduct the Doping Control Programme in accordance with CGF-ADS.

The number of personnel required in each doping control station in each venue will depend on the test distribution plan and, more specifically, the number of doping control tests over a given period of time. A number of experienced international Doping Control Personnel shall also work during D2010.

