

## Preface

In November 2010, the 16<sup>th</sup> Asian Games will be held in Guangzhou, China. The city of Guangzhou, with its openness, kindness and warmth, is welcoming friends from all over Asia as always.

“Thrilling Games, Harmonious Asia”. In 2010, through the delivery of efficient and effective planning and organization, state-of-the-art venues and facilities, customer-oriented services with a friendly and supportive environment, Guangzhou is expecting the elite Asian athletes to display their passion and the charming of sport, for promoting the development of sport in Asia, and strengthening the sports and cultural exchanges among the Asian countries and regions.

This publication, which includes a hard copy and an electronic copy both in Chinese and English, presents the competition technical information on Aquatics at the 16<sup>th</sup> Asian Games. It also contains information on all related services, brief introductions to China, Guangdong Province, the cities of Guangzhou and Foshan, as well as contact information for the relevant sport organizations.

We have the honour to present you this Technical Handbook one year prior to the opening of the 16<sup>th</sup> Asian Games. We sincerely hope this publication is conducive to and plays an important role in your participation in the 16<sup>th</sup> Asian Games.



## Organization Bodies

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No.	NOC	Code
1	Afghanistan	AFG
2	Bahrain	BRN
3	Bangladesh	BAN
4	Bhutan	BHU
5	Brunei Darussalam	BRU
6	Cambodia	CAM
7	China	CHN
8	D.P.R. Korea	PRK
9	Hong Kong, China	HKG
10	India	IND
11	Indonesia	INA
12	Iran	IRI
13	Iraq	IRQ
14	Japan	JPN
15	Jordan	JOR
16	Kazakhstan	KAZ
17	Korea	KOR
18	Kuwait	KUW
19	Kyrgyzstan	KGZ
20	Laos	LAO
21	Lebanon	LIB
22	Macau, China	MAC
23	Malaysia	MAS
24	Maldives	MDV
25	Mongolia	MGL
26	Myanmar	MYA



No.	NOC	Code
27	Nepal	NEP
28	Oman	OMA
29	Pakistan	PAK
30	Palestine	PLE
31	Philippines	PHI
32	Qatar	QAT
33	Saudi Arabia	KSA
34	Singapore	SIN
35	Sri Lanka	SRI
36	Syria	SYR
37	Chinese Taipei	TPE
38	Tajikistan	TJK
39	Thailand	THA
40	Timor-Leste	TLS
41	Turkmenistan	TKM
42	United Arab Emirates	UAE
43	Uzbekistan	UZB
44	Vietnam	VIE
45	Yemen	YEM

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## General Information

### China in Brief

China is one of the world's most ancient civilizations with rich material and cultural heritages that trace back a history of over 5,000 years. As the world's largest developing country, China has accomplished enormous economic and social progress for which it is acclaimed by the world. Nowadays, China enjoys political and social stability and fast economic growth, and its people's living standards keep improving.

### Geography

China is situated in East Asia on the western coast of the Pacific. With a land area of 9.6 million square kilometers, China has a highly varied terrain that in general slopes downward from the west to the east.

### Climate

China has highly varied climate conditions across its vast territory. Most parts of the country are within the North Temperate Zone, typical of a continental monsoon climate, featuring moderate weather conditions and distinct four seasons.

### Population, Ethnicity and Language

Population: 1,328,020,000

Ethnicity: China is a multi-ethnic country with 56 different ethnic groups.



Language: Over 80 different languages are spoken in China, about 30 of which have written forms. Putonghua (Mandarin) is the official language of China.

## Religion

Religion: China is a country with multi-religions mainly including Buddhism, Taoism, Islam, Catholics and Christianity. Chinese citizens enjoy the freedom of religious belief.

## Miscellaneous

Currency: Renminbi (RMB) is the legal currency of China. The fractional currency is jiao and fen. One yuan is composed of 10 jiao and one jiao is composed of 10 fen. Foreign currencies can be exchanged at most hotels and banks in China.

Voltage: 220V (50Hz)

Please visit [www.gov.cn](http://www.gov.cn) for more information.

## Guangdong Province in Brief

### Geographic Location

The Guangdong Province covers a land area of 179,800 square kilometers between 20°13' – 25°31'N and 109°39' – 117°19'E on the southern end of the Chinese mainland. Situated to the north of the South China Sea, Guangdong Province has a coastline of 3,368.1 kilometers.

## Climate

Guangdong Province has a mixture of tropical and subtropical monsoon climates, with an annual average temperature of 22.3 Celsius degrees, featuring prolonged summer and warm winter. Guangdong is a humid province, as the rainfall averages between 1,300mm and 2,500mm annually. The low altitude and the ocean also have a great impact on the local climate.

## Population and Language

Population: 94,490,000

Language: Three dialect phyla in addition to Putonghua.

## Guangzhou in Brief

### Administrative Districts and Population

As the capital of Guangdong Province, Guangzhou is the political, economic, and cultural center of the province. It is also a major trading hub of China.

Covering an area of 7,434.4 square kilometers and with a resident population of nearly 10 million, Guangzhou administrates 10 districts and two county-level cities, Conghua and Zengcheng.

### Touristic Resources

Guangzhou enjoys rich touristic resources. There are more than 100 scenic sites.

The famous Eight Top Scenic Spots of Guangzhou: Baiyun



Mountain, Pearl River, Yuexiu Mountain, East Station Square, Chen Clan Academy, Huanghuagang Mausoleum of 72 Martyrs, Guangdong Olympic Sports Center and Lotus Mountain.

Other famous scenic sites include Dr. Sun Yat-sen Memorial Hall, Huangpu Military Academy, Western Han Nanyue King Museum, Guangzhou International Convention and Exhibition Center, Guangzhou Museum of Art, South China Botanical Garden, Conghua Hot Spring, Liuxi River National Forest Park, Up Down Nine Pedestrian Street, and Beijing Road Pedestrian Street, etc.

Please visit [www.gz.gov.cn](http://www.gz.gov.cn) for more information.

## History and Culture

Guangzhou is a famous cultural city with a history of more than 2,200 years. In the year of 214 B.C., Nanhai Prefecture (the Capital was built in “Panyu”) was founded. In the year of 226 A.D., the city was named “Guangzhou”.

Guangzhou was the starting point of the “Maritime Silk Road” and was the earliest trade port in China. The city is also a cradle of modern Chinese revolution.

Cantonese Opera is a typical local opera. It is popular in Guangdong Province, Hong Kong, Macau and Southeast Asia. Lingnan painting school is one of China’s modern painting schools. Guangzhou’s carvings, porcelains and ceramics, and embroideries are fine art crafts famous both at home and abroad. Cantonese cuisine is one of the major cuisines in China.

It is rich in popular customs such as Spring Flower Festival, dragon boat racing, mountain climbing in the Double Ninth Festival, morning tea, etc.

### Useful Information

1. Languages: Putonghua and Cantonese
2. Time Zone: GMT +8 (Beijing Time)
3. Voltage: 220V (50Hz)
4. Emergency: Telephone Number Inquiry: 114;  
Ambulance: 120;  
Fire: 119;  
Police: 110;  
Traffic Accident: 122.
5. Banking: the following foreign credit cards can be used in Guangzhou: Master Card, Visa Card, American Express Card, and JCB, etc.

## Foshan in Brief

### Administrative Districts and Population

There are five districts under Foshan's jurisdiction, namely Chancheng, Nanhai, Shunde, Gaoming and Sanshui. The city claims an area of 3,848.49 square kilometers and a resident population of 5.923 million. Foshan is a famous hometown of overseas Chinese. There are 1.48 million overseas Chinese of Foshan origin.



## History and Culture

Foshan is a National Historic and Cultural City. More than 4,500 to 5,500 years ago, the local people created the civilization by fishing, farming and pottery. Foshan Pottery has a long history of more than 700 years.

Foshan is known as the Town of Lingnan Medicine, as well as the Town of Martial Arts. It is the ancestral home of the prestigious Martial Art Master Huang Feihong and famous Martial Art actor Bruce Lee.

## The 16<sup>th</sup> Asian Games in Brief

Dates:	November 12 – 27, 2010
Location:	Guangzhou, China
Sport Program:	42 sports, 473 events
Venues:	53 competition venues
Mission:	In the Olympic spirit and the spirit of the Asian Games, the Games seek to promote solidarity, friendship and exchanges among Asian countries and regions and to contribute to the building of a harmonious Asia.
Vision:	Thrilling Games, Harmonious Asia

### The Emblem

The official emblem of the 16<sup>th</sup> Asian Games was designed based on the contours of the Statue of the Five Goats, the symbol of Guangzhou. Its soft lines move upward to form the silhouette of

the Statue, which also resembles the flame in the caldron of the 16<sup>th</sup> Asian Games. The design well embodies the symbol of Guangzhou, representing the goodwill of the Guangzhou people and the dynamics of the Asian Games.

#### The Mascots

Named “*Le Yangyang*” as a group, the Mascots of the 16<sup>th</sup> Asian Games are five sporty and cute goats called *A Xiang* [a: ' sj ʌ ŋ], *A He* [a: ' hə:], *A Ru* [a: ' ru:], *A Yi* [a: ' ji:] and *Le Yangyang* [ ' lə: j ʌ ŋj ʌ ŋ] respectively. Put together, these names mean “peace, fortune and happiness”. They express the goodwill that Guangzhou hopes to bring to Asia through the 16<sup>th</sup> Asian Games: fortune, harmony, happiness, fulfillment and joy; and also convey the Games’ message - harmony and passion.

#### The Asian Games Town

The Asian Games Town covers a planned area of 2.73 square kilometers on the east side of Guangzhou New Town, right at the foot of the Lotus Mountain and alongside the Lotus Waterway. Well-equipped and set in a beautiful environment, the Asian Games Town comprises the Athletes’ Village, the Media Village, the International Broadcast Center, the Main Press Center and the Asian Games Park.

## Accreditation and Validation

GAGOC will start distributing the accreditation application forms and Users’ Guide from March 15, 2010.

The completed accreditation application forms shall be returned to



GAGOC by June 30, 2010.

From September 1, 2010, GAGOC will start sending out the accreditation cards of the 16<sup>th</sup> Asian Games to NOCs that have submitted valid accreditation application forms with photos before June 30, 2010. The bearers of the accreditation cards can activate the accreditation cards at the accreditation centers at the airport or the Asian Games Town /the sub-villages upon entering China. Once activated, the accreditation cards will be used as the official IDs for participation in the 16<sup>th</sup> Asian Games. The bearers have access rights to different venues and zones according to the access entitlement specified on their accreditation cards.

## **Immigration / Visa**

From October 13 to December 12, 2010, AGIAC holders will be permitted multiple entries into China upon presentation of their AGIAC, together with a valid passport or other valid international travel documents. Card holders will not need to apply for a China Visa or Residence Permit in order to enter the country. Any AGIAC holders wishing to enter China before or after the validity period of the AGIAC, or remain in China after its expiry date, will need to make their own arrangements regarding visas or residence permit.

AGIAC holders should ensure that the information on their valid passport or international travel documents when entering China is exactly the same with the information on the certified document

used for application for AGIAC, and that their passport or travel document remain valid at least till May 31, 2011.

AGIAC: ASIAN GAMES IDENTITY ACCREDITATION CARD

## **Transportation**

### Transport Services for Arrival and Departure

Provision of shuttle bus services for athletes and team officials between designated sites and their accommodations during the arrival and departure period of the Games. Provision of group bus services for arriving or departing athletes and team officials. The group bus services require advance reservation.

### Dedicated Bus Services for Team Events (for team events)

Provision of dedicated group bus services for athletes' teams participating in team events for training and competition. These group bus services require reservation and confirmation.

### Transport Services for Competitions (for non-team events)

Provision of shuttle bus services for athletes and team officials participating in non-team events between their accommodations and the applicable competition venues as per the competition schedule.

### Transport Services for Training (for non-team events)

Provision of shuttle bus services for athletes and team officials participating in non-team events between their accommodations and the training venues as per the training schedule. These services will stop at 1:00pm on the day of the Opening



Ceremony. Athletes who wish to continue to train until later on that day may use an NOC Dedicated Vehicle for their trips to and from the training venues.

#### Transport Services for Spectating

Provision of shuttle bus services for athletes and team officials as spectators between the Athletes' Village and all competition venues as per the competition schedule. Athletes and team officials as spectators of an event or events of their own sports are permitted to use the competition bus service to the applicable venue. However, priority will be given to competing athletes and their team officials.

#### Transport Services for Luggage

The luggage belonging to athletes and team officials should, in principle, be carried by the bus they take. If that is impossible, due to insufficient storage space, a separate vehicle will be provided to transport these items to their destinations.

#### Transport Services between Villages

Provision of shuttle bus services between the Athletes' Sub-villages and the Athletes' Village while the Athletes' Sub-villages are open.

## **Accommodation**

During the Games time, over 10,000 athletes and team officials will be accommodated in the Athletes' Village which boasts 49 apartment buildings consisting of 3,598 apartments. The Athletes' Village will be officially opened on November 5, 2010

and closed on November 30, 2010. It is divided into the Public Area, the International Area and the Residential Area. Separate accreditation is required for entering the three areas.

## **Media**

### **Mixed Zones**

Mixed zones will be set up in the competition venues to facilitate interactions between athletes and the media. As per the requirements of the OCA, athletes must pass through the mixed zones after finishing their competitions, but are not obligated to take the media's questions. Each journalist should complete his or her interview within one minute.

AFs and the competition management teams will provide necessary assistance to ensure that athletes can pass through the mixed zone smoothly.

### **Press Conference**

Generally, a press conference will be organized immediately after each final for the medalists ( and coaches/other athletes, if necessary) to meet with the media. The media operation team will usher the participants into the press room. The press conference will be interpreted in English and Chinese.



## Medical Services

All competition and non-competition venues will include athlete medical stations, where professional medical staff as well as ambulances will stand by. The centers provide first-aid service during the period when the competition/training venues are open.

The Asian Games Town will have a polyclinic, providing treatment and consultation across the departments of internal medicine and surgery, including ophthalmology, stomatology, physical treatment, massage, X-rays, pharmacy, etc. It also has an emergency room open 24 hours a day, with ambulances stand-by. Any patients who need further diagnosis and treatment will be transferred to designated hospitals of the Games.

Free medical services will be provided to members of the Asian Games Family during the Games time.

## Weather Information in November

City	Guangzhou	Foshan	Dongguan	Shanwei
Prevailing Wind	N	NNW	NE	NE
Mean Wind Speed (m/s)	1.8	1.9	1.8	3
Maximum Wind Speed (m/s)	13.7	10	8.3	18

City	Guangzhou	Foshan	Dongguan	Shanwei
Highest Gust (m/s)	22.8	17.3	13.3	26.2
Mean Temperature ( °C )	19.8	19.8	20.1	20.7
Mean Maximum Temperature ( °C )	33.4	32.9	33.6	33.2
Mean Minimum Temperature ( °C )	4.9	4.2	4.5	5.8
Mean Sea Surface Temperature ( °C )				22.3
Daily Mean Relative Humidity ( % )	65.8	68.3	67.6	69
Mean Monthly Rainfall ( mm )	34.8	35.2	32.7	28.3
Maximum Monthly Rainfall ( mm )	144.7	159.8	123.7	487
Maximum 24–Hour Rainfall ( mm )	116.3	78.5	99	273.5
Mean Number of Days with Rain ( days )	5.4	5.3	5.1	3.9
Mean Number of Days with Fog ( days )	0.2	1	0.1	0
Mean Number of Days with Thunderstorm ( days )	0.2	0.2	0.1	0.1
Mean Daily Sunshine ( hours/days )	5.7	5.6	6.3	6.1

( Data based on 2006 to 2008 )



## Competition Technical Information

### Swimming

#### Competition Date and Venue

The Swimming competition of the 16<sup>th</sup> Asian Games will be held from November 13 to 18, 2010 in Aoti Aquatics Centre.

#### Competition Management

Technical Delegate

Woon Sui Kut (SIN)

Vice President, Asia Swimming Federation (AASF)

Chairman of Technical Swimming Committee, AASF

Competition Manager

Yuan Haoran

#### Competition Events

The Swimming competition of the 16<sup>th</sup> Asian Games will consist of 38 events including 19 events of men's and 19 events of women's:

Men's	Women's
50m Freestyle	50m Freestyle
100m Freestyle	100m Freestyle
200m Freestyle	200m Freestyle
400m Freestyle	400m Freestyle
1500m Freestyle	800m Freestyle

50m Backstroke	50m Backstroke
100m Backstroke	100m Backstroke
200m Backstroke	200m Backstroke
50m Breaststroke	50m Breaststroke
100m Breaststroke	100m Breaststroke
200m Breaststroke	200m Breaststroke
50m Butterfly	50m Butterfly
100m Butterfly	100m Butterfly
200m Butterfly	200m Butterfly
200m Individual Medley	200m Individual Medley
400m Individual Medley	400m Individual Medley
4×100m Freestyle Relay	4×100m Freestyle Relay
4×200m Freestyle Relay	4×200m Freestyle Relay
4×100m Medley Relay	4×100m Medley Relay

### Competition Schedule

Day 1	November 13 (Saturday)			
	Session SW 01	Start : 09:00	End :	Aofu Aquatics Centre
		Women's 200m Freestyle-Preliminary		
		Men's 400m Individual Medley-Preliminary		
		Women's 100m Butterfly-Preliminary		
		Women's 50m Breaststroke-Preliminary		
		Men's 200m Butterfly-Preliminary		
		Women's 4×100m Medley Relay-Preliminary		
	Session SW 02	Start : 18:00	End :	Aofu Aquatics Centre
		Women's 200m Freestyle-Final		
		Men's 400m Individual Medley-Final		



		Women's 100m Butterfly-Final		
		Women's 50m Breaststroke-Final		
		Men's 200m Butterfly-Final		
		Women's 4×100m Medley Relay-Final		
<b>Day 2</b>	<b>November 14 ( Sunday )</b>			
	<b>Session SW 03</b>	<b>Start : 09 : 00</b>	<b>End :</b>	<b>Aoti Aquatics Centre</b>
		Men's 100m Butterfly-Preliminary		
		Women's 400m Individual Medley-Preliminary		
		Men's 200m Freestyle-Preliminary		
		Women's 200m Backstroke - Preliminary		
		Men's 50m Breaststroke-Preliminary		
		Women's 4×100m Freestyle Relay-Preliminary		
	<b>Session SW 04</b>	<b>Start : 18 : 00</b>	<b>End :</b>	<b>Aoti Aquatics Centre</b>
		Men's 100m Butterfly-Final		
		Women's 400m Individual Medley-Final		
		Men's 200m Freestyle-Final		
		Women's 200m Backstroke-Final		
		Men's 50m Breaststroke-Final		
		Women's 4×100m Freestyle Relay-Final		
<b>Day 3</b>	<b>November 15 ( Monday )</b>			
	<b>Session SW 05</b>	<b>Start : 09 : 00</b>	<b>End :</b>	<b>Aoti Aquatics Centre</b>
		Women's 50m Backstroke-Preliminary		
		Men's 50m Freestyle-Preliminary		
		Women's 400m Freestyle-Preliminary		
		Men's 100m Breaststroke-Preliminary		
		Women's 200m Butterfly-Preliminary		

		Men's 200m Backstroke-Preliminary		
		Men's 4×200m Freestyle Relay-Preliminary		
	<b>Session SW 06</b>	<b>Start : 18:00</b>	<b>End :</b>	<b>Aoti Aquatics Centre</b>
		Women's 50m Backstroke-Final		
		Men's 50m Freestyle-Final		
		Women's 400m Freestyle-Final		
		Men's 100m Breaststroke-Final		
		Women's 200m Butterfly-Final		
		Men's 200m Backstroke-Final		
		Men's 4×200m Freestyle Relay-Final		
<b>Day 4</b>	<b>November 16 (Tuesday)</b>			
	<b>Session SW 07</b>	<b>Start : 09:00</b>	<b>End :</b>	<b>Aoti Aquatics Centre</b>
		Men's 50m Butterfly-Preliminary		
		Women's 100m Breaststroke-Preliminary		
		Men's 400m Freestyle-Preliminary		
		Women's 50m Freestyle-Preliminary		
		Men's 100m Backstroke-Preliminary		
		Women's 4×200m Freestyle Relay-Preliminary		
		Men's 4×100m Freestyle Relay-Preliminary		
	<b>Session SW 08</b>	<b>Start : 18:00</b>	<b>End :</b>	<b>Aoti Aquatics Centre</b>
		Men's 50m Butterfly-Final		
		Women's 100m Breaststroke-Final		
		Men's 400m Freestyle-Final		
		Women's 50m Freestyle-Final		
		Men's 100m Backstroke-Final		
		Women's 4×200m Freestyle Relay-Final		



		Men's 4×100m Freestyle Relay-Final		
<b>Day 5</b>		<b>November 17 (Wednesday)</b>		
	<b>Session SW 09</b>	<b>Start : 09:00</b>	<b>End :</b>	<b>Aoti Aquatics Centre</b>
		Women's 100m Freestyle-Preliminary		
		Men's 100m Freestyle-Preliminary		
		Women's 200m Breaststroke-Preliminary		
		Men's 200m Individual Medley-Preliminary		
		Women's 100m Backstroke-Preliminary		
		Women's 800m Freestyle-Preliminary		
	<b>Session SW 10</b>	<b>Start : 18:00</b>	<b>End :</b>	<b>Aoti Aquatics Centre</b>
		Women's 100m Freestyle-Final		
		Men's 100m Freestyle-Final		
		Women's 200m Breaststroke-Final		
		Men's 200m Individual Medley-Final		
		Women's 100m Backstroke-Final		
		Women's 800m Freestyle-Final		
<b>Day 6</b>		<b>November 18 (Thursday)</b>		
	<b>Session SW 11</b>	<b>Start : 09:00</b>	<b>End :</b>	<b>Aoti Aquatics Centre</b>
		Men's 50m Backstroke-Preliminary		
		Women's 200m Individual Medley-Preliminary		
		Men's 200m Breaststroke-Preliminary		
		Women's 50m Butterfly-Preliminary		
		Men's 1500m Freestyle-Preliminary		
		Men's 4×100m Medley Relay-Preliminary		
	<b>Session SW 12</b>	<b>Start : 18:00</b>	<b>End :</b>	<b>Aoti Aquatics Centre</b>

		Men's 50m Backstroke-Final
		Women's 200m Individual Medley-Final
		Men's 200m Breaststroke-Final
		Women's 50m Butterfly-Final
		Men's 1500m Freestyle-Final
		Men's 4×100m Medley Relay-Final

Note: The competition schedule is subject to change in accordance with the final entries.

## Competition Venue

Aoti Aquatics Centre

## Competition Rules

The Swimming competition of the 16<sup>th</sup> Asian Games will be conducted in accordance with the Handbook of Fédération Internationale de Natation (FINA), in force during the Games time.

## Competition Format

The Swimming competition of the 16<sup>th</sup> Asian Games will be divided into two sessions per day, preliminaries in the morning, and finals in the evening.

### Draw

There shall be no draws in the Swimming competition. The lanes will be arranged according to the athletes' entry time.

## Sport Entries

### Entry Timeline



The 1<sup>st</sup> Entry ( Entry by Sport ) – Deadline: 24:00 of October 31, 2008 ( Beijing Time )

The 2<sup>nd</sup> Entry ( Entry by Event/Number ) – Deadline: 24:00 of July 31, 2010 ( Beijing Time )

The 3<sup>rd</sup> Entry ( Entry by Name ) – Deadline: 24:00 of September 30, 2010 ( Beijing Time )

#### Entry Policies

Individual Events: Each NOC may enter a maximum of two athletes per event.

Relay Events: Each NOC may enter a maximum of one team per event.

Each NOC may enter 40 male athletes and 40 female athletes (including reserve athletes) in individual and relay events.

For the detailed entry policies, please refer to *Sport Entries Manual* of the 16<sup>th</sup> Asian Games.

#### Technical Meeting

Time and Place: TBD

#### Technical Officials

Technical Officials shall be appointed or recommended by AASF.

The Jury of Appeal members shall be appointed by AASF.

## Protests and Appeals

Protests are possible and shall be resolved under FINA rule GR 9.2.2 and GR 9.2.3. Protests must be submitted to the Referee in writing by the Team Leader, with a deposit of CHF100 or its equivalent, within 30 minutes following the conclusion of the respective competition. The Referee shall consider all protests. If he rejects the protest, he must state the reasons for his decision. The Team Leader may appeal the rejection to the Jury of Appeal whose decision shall be final. The Commission shall consider appeals against decision by the Referee and recommendations to the Jury of Appeal.

## Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in the 16<sup>th</sup> Asian Games Swimming competition must comply with the regulations and rules of FINA and AASF.

## Doping Control

Doping Control during the 16<sup>th</sup> Asian Games will be conducted in accordance with OCA Anti-Doping Rules applicable to the Asian Games and will follow the standards and procedures under the World Anti-Doping Programme.

## Gender Verification

Gender verification tests shall be carried out in accordance with the OCA Constitution and Rules, except for those athletes who present a valid certificate of femininity issued by the IOC Medical Commission or the OCA Medical Committee.



## Victory Ceremony

Gold, silver and bronze medals will be awarded to the athletes ranked the top three of each event respectively. For the relay events, each participating athletes of the teams ranked the top three will be awarded with gold, silver and bronze medals.

Victory Ceremony will take place within five to fifteen minutes after the conclusion of the final. The medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms.

## Sport Information

All sport-specific information for Swimming will be available at the sport information desks. They are located at the competition venue and at the Sport Information Center (SIC) in the Athletes' Village.

## Training Venues

The training will take place in the Aoti Aquatics Centre and the Guangzhou Sports Polytechnic.

## Diving

### Competition Date and Venue

The Diving competition of the 16<sup>th</sup> Asian Games will be held from November 22 to 26, 2010 in Aoti Aquatics Centre.

### Competition Management

Technical Delegate

Li Dazheng (CHN)

Chairman of Technical Diving Committee, Asia Swimming Federation (AASF)

Competition Manager

Lei Ming

### Competition Events

The Diving competition of the 16<sup>th</sup> Asian Games will consist of 10 events including five events of men's and five events of women's:

Men's	Women's
1m Springboard	1m Springboard
3m Springboard	3m Springboard
10m Platform	10m Platform
Synchronized 3m Springboard	Synchronized 3m Springboard
Synchronized 10m Platform	Synchronized 10m Platform



## Competition Schedule

Day 10	November 22 (Monday)			
	Session DV 01	Start: 14:00	End: 15:00	Aoti Aquatics Centre
		Women's Synchronized 3m Springboard Final		
	Session DV 02	Start: 16:00	End: 17:00	Aoti Aquatics Centre
		Men's Synchronized 10m Platform Final		
Day 11	November 23 (Tuesday)			
	Session DV 03	Start: 14:00	End: 15:00	Aoti Aquatics Centre
		Women's Synchronized 10m Platform Final		
	Session DV 04	Start: 16:00	End: 17:00	Aoti Aquatics Centre
		Men's Synchronized 3m Springboard Final		
Day 12	November 24 (Wednesday)			
	Session DV 05	Start: 14:00	End: 15:15	Aoti Aquatics Centre
		Women's 1m Springboard Final		
	Session DV 06	Start: 16:00	End: 17:30	Aoti Aquatics Centre
		Men's 1m Springboard Final		
Day 13	November 25 (Thursday)			
	Session DV 07	Start: 10:00	End: 11:15	Aoti Aquatics Centre
		Women's 10m Platform Preliminary		
	Session DV 08	Start: 12:00	End: 13:30	Aoti Aquatics Centre
		Men's 3m Springboard Preliminary		
	Session DV 09	Start: 18:00	End: 19:00	Aoti Aquatics Centre

		Women's 10m Platform Final		
	Session DV 10	Start ; 20:00	End ; 21:12	Aoti Aquatics Centre
		Men's 3m Springboard Final		
<b>Day 14</b>	<b>November 26 (Friday)</b>			
	Session DV 11	Start ; 10:00	End ; 11:15	Aoti Aquatics Centre
		Women's 3m Springboard Preliminary		
	Session DV 12	Start ; 12:00	End ; 13:30	Aoti Aquatics Centre
		Men's 10m Platform Preliminary		
	Session DV 13	Start ; 18:00	End ; 19:00	Aoti Aquatics Centre
		Women's 3m Springboard Final		
	Session DV 14	Start ; 20:00	End ; 21:12	Aoti Aquatics Centre
		Men's 10m Platform Final		

Note: The competition schedule is subject to change in accordance with the final entries.

## Competition Venue

Aoti Aquatics Centre

## Competition Rules

The Diving competition of the 16<sup>th</sup> Asian Games shall be conducted in accordance with the existing Fédération Internationale de Natation (FINA) and AASF rules.

## Competition Format

The competitions of 3m Springboard and 10m Platform will consist of preliminaries and finals. The 12 divers with the highest



scores will proceed to the final.

The competitions of 1 m Springboard and Synchronized events will be run as a final.

#### Draw

The starting orders of preliminaries (in 3m Springboard and 10m Platform events) and finals (in 1m Springboard and Synchronized events) will be determined by random draw during the technical meeting.

### Sport Entries

#### Entry Timeline

The 1<sup>st</sup> Entry (Entry by Sport) – Deadline: 24:00 of October 31, 2008 (Beijing Time)

The 2<sup>nd</sup> Entry (Entry by Event/Number) – Deadline: 24:00 of July 31, 2010 (Beijing Time)

The 3<sup>rd</sup> Entry (Entry by Name) – Deadline: 24:00 of September 30, 2010 (Beijing Time)

#### Entry Policies

Individual Events: Each NOC may enter a maximum of two athletes per event.

Synchronized Events: Each NOC may enter a maximum of one pair (two athletes) per event.

Total; Each NOC may enter a maximum of eight male athletes and eight female athletes.

For the detailed entry policies, please refer to *Sport Entries Manual* of the 16<sup>th</sup> Asian Games.

### Technical Meeting

Time and Date: 10:00 am, November 21, 2010

Place: Aoti Aquatics Centre

### Technical Officials and Jury of Appeal

Technical Officials shall be appointed or recommended by AASF.

The Jury of Appeal members shall be appointed by AASF.

### Protests and Appeals

Protests shall be resolved under the existing FINA rules.

### Equipment and Clothing

Equipment used and clothing worn shall comply with the AASF requirements.

### Doping Control

Doping Control during the 16<sup>th</sup> Asian Games will be conducted in accordance with OCA Anti-Doping Rules applicable to the Asian Games and will follow the standards and procedures under the World Anti-Doping Programme.



## Gender Verification

Gender verification tests shall be carried out in accordance with the OCA Constitution and Rules, except for those athletes who present a valid certificate of femininity issued by the IOC Medical Commission or the OCA Medical Committee.

## Victory Ceremony

Gold, silver and bronze medals will be awarded to the top three athletes of each event.

Fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms.

## Sport Information

All sport-specific information for Diving will be available at the sport information desks. They are located at the competition venue and at the Sport Information Center (SIC) in the Athletes' Village.

## Training Venues

Training is available in the Aoti Aquatics Centre and the Guangzhou Sports Polytechnic.



## Synchronised Swimming

### Competition Date and Venue

The Synchronised Swimming competition of the 16<sup>th</sup> Asian Games will be held from November 19 to 21, 2010 in Foshan Aquatics Centre.

### Competition Management

Technical Delegate

Miwako Homma (JPN)

Chairperson of Technical Synchronised Swimming Committee,  
Asia Swimming Federation (AASF)

Competition Manager

Yu Li

### Competition Events

The Synchronised Swimming competition of the 16<sup>th</sup> Asian Games will consist of three events, including Women's Team, Duet and Combination.

### Competition Schedule

Day 7	November 19 (Friday)			
	Session SY 01	Start: 10:00	End: 12:00	Foshan Aquatics Centre
	10:00 – 12:00	Duet Technical Routine (Final)		
	Session SY 02	Start: 16:00	End: 17:30	Foshan Aquatics Centre
	16:00 – 17:30	Duet Free Routine (Preliminary)		



	Session SY 03	Start: 19:30	End: 21:00	Foshan Aquatics Centre
	19:30 – 20:30	Duet Free Routine ( Final )		
	20:45 – 21:00	Duet Victory Ceremony		
<b>Day 8</b>	<b>November 20 ( Saturday )</b>			
	Session SY 04	Start: 10:00	End: 12:00	Foshan Aquatics Centre
	10:00 – 12:00	Team Technical Routine ( Final )		
	Session SY 05	Start: 16:00	End: 17:30	Foshan Aquatics Centre
	16:00 – 17:30	Team Free Routine ( Preliminary )		
	Session SY 06	Start: 19:30	End: 21:00	Foshan Aquatics Centre
	19:30 – 20:30	Team Free Routine ( Final )		
	20:45 – 21:00	Team Victory Ceremony		
<b>Day 9</b>	<b>November 21 ( Sunday )</b>			
	Session SY 07	Start: 10:00	End: 12:00	Foshan Aquatics Centre
	10:00 – 12:00	Combination ( Preliminary )		
	Session SY 08	Start: 16:00	End: 18:00	Foshan Aquatics Centre
	16:00 – 17:30	Combination ( Final )		
	17:45 – 18:00	Combination Victory Ceremony		

Note: The competition schedule is subject to change in accordance with the final entries.

## Competition Venue

Foshan Aquatics Centre



## Competition Rules

The Synchronised Swimming competition of the 16<sup>th</sup> Asian Games shall be conducted in accordance with the Fédération Internationale de Natation Rules 2009 – 2013.

## Competition Format

### Team

Technical Routine

Free Routine Preliminary

The results of the Team Preliminary shall be added by the Technical Routine score and the Free Routine Preliminary score. Teams ranking top 12 proceed into the Team Free Routine Final.

### Free Routine Final

The final results of the Team event shall be determined by adding the Technical Routine score and Free Routine Final score. Team with the highest score wins the gold medal.

### Duet

Technical Routine

Free Routine Preliminary

The results of the Duet Preliminary shall be added by the Technical Routine score and the Free Routine Preliminary score. Duets ranking top 12 proceed into the Duet Free Routine Final.

### Free Routine Final

The final results of the Duet event shall be determined by adding the Technical Routine score and Free Routine Final score. Duet with the highest score wins the gold medal.



## Combination

Preliminary shall be conducted. Top 12 proceed into the Final.  
Places shall be determined by the Final results.

## Sport Entries

### Entry Timeline

The 1<sup>st</sup> Entry ( Entry by Sport ) – Deadline: 24: 00 of October  
31, 2008 ( Beijing Time )

The 2<sup>nd</sup> Entry ( Entry by Event/Number ) – Deadline: 24: 00 of  
July 31, 2010 ( Beijing Time )

The 3<sup>rd</sup> Entry ( Entry by Name ) – Deadline: 24: 00 of September  
30, 2010 ( Beijing Time )

### Entry Policies

The number of athletes entered by each NOC shall be limited to 12.

For the detailed entry policies, please refer to *Sport Entries Manual* of the 16<sup>th</sup> Asian Games.

## Technical Meeting

Time and Place: TBD

## Technical Officials

Technical Officials shall be appointed or recommended by AASF.

The Jury of Appeal members shall be appointed by AASF.



## Protests and Appeals

Protests are possible and shall be resolved under FINA rules. Protests must be submitted to the Referee in writing by the Team Leader, with a deposit of CHF100 or its equivalent, within 30 minutes following the conclusion of the respective competition. The Referee shall consider all protests. If he rejects the protest, he must state the reasons for his decision. And the Team Leader may appeal the rejection to the Jury of Appeal who shall make a decision. At the same time, the Synchronised Swimming Technical Commission shall give panel suggestions based on the circumstances in the competition to the Jury of Appeal, as recommendations for the Jury of Appeal to make a final decision.

## Equipment and Clothing

Equipment used, clothing worn by athletes and other relevant participants in the 16<sup>th</sup> Asian Games Synchronised Swimming competition must comply with the FINA Rules 2009 – 2013.

## Doping Control

Doping Control during the 16<sup>th</sup> Asian Games will be conducted in accordance with OCA Anti-Doping Rules applicable to the Asian Games and will follow the standards and procedures under the World Anti-Doping Programme.

## Gender Verification

Gender verification tests shall be carried out in accordance with the OCA Constitution and Rules, except for those athletes who present a valid certificate of femininity issued by the IOC Medical Commission or the OCA Medical Committee.



## Victory Ceremony

Gold, silver and bronze medals will be awarded to the athletes ranked the top three of each event respectively. For the team event, each participating athletes of the teams ranked the top three will be awarded with gold, silver and bronze medals.

Victory Ceremony will take place within five to fifteen minutes after the conclusion of the final. The medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms.

## Sport Information

All Sport-specific information for Synchronised Swimming will be available at the sport information desks. They are located at the competition venue and at the Sport Information Center (SIC) in the Athletes' Village.

## Training Venue

The training will take place in Foshan Aquatics Centre.



## Water Polo

### Competition Date and Venue

The Water Polo competition of the 16<sup>th</sup> Asian Games will be held from November 13 to 26, 2010 in Tianhe Natatorium.

### Competition Management

#### Technical Delegate

Khosrow Amini (IRI)

Chairman of Technical Water Polo Committee, Asia Swimming Federation (AASF)

Vice Chairman of Technical Water Polo Committee, Fédération Internationale de Natation (FINA)

#### Competition Manager

Li Xiangdong

### Competition Events

The Water Polo competition of the 16<sup>th</sup> Asian Games will consist of two events, one for men and one for women.

### Competition Schedule

Day 1	November 13 (Saturday)			
	Session WP 01	Start: 09:00	End: 11:40	Tianhe Natatorium
	09:00 – 11:40	Women's Tournaments		
	Session WP 02	Start: 19:00	End: 21:40	Tianhe Natatorium
	19:00 – 21:40	Women's Tournaments		



<b>Day 2</b>				
<b>November 14 ( Sunday )</b>				
	Session WP 03	Start ; 09:00	End ; 11:40	Tianhe Natatorium
	09:00 – 11:40	Women's Tournaments		
	Session WP 04	Start ; 19:00	End ; 21:40	Tianhe Natatorium
	19:00 – 21:40	Women's Tournaments		
<b>Day 3</b>				
<b>November 15 ( Monday )</b>				
	Session WP 05	Start ; 09:00	End ; 11:40	Tianhe Natatorium
	09:00 – 11:40	Women's Tournaments		
	Session WP 06	Start ; 19:00	End ; 21:40	Tianhe Natatorium
	19:00 – 21:40	Women's Tournaments		
<b>Day 4</b>				
<b>November 16 ( Tuesday )</b>				
	Session WP 07	Start ; 09:00	End ; 11:40	Tianhe Natatorium
	09:00 – 11:40	Women's Tournaments		
	Session WP 08	Start ; 19:00	End ; 21:40	Tianhe Natatorium
	19:00 – 21:40	Women's Tournaments		
<b>Day 5</b>				
<b>November 17 ( Wednesday )</b>				
	Session WP 09	Start ; 09:00	End ; 11:40	Tianhe Natatorium
	09:00 – 11:40	Women's Tournaments		
	Session WP 10	Start ; 19:00	End ; 21:40	Tianhe Natatorium
	19:00 – 21:40	Women's Tournaments		
<b>Day 6</b>				
<b>November 18 ( Thursday )</b>				
	<b>Rest Day</b>			
<b>Day 7</b>				
<b>November 19 ( Friday )</b>				
	Session WP 11	Start ; 08:30	End ; 11:10	Tianhe Natatorium
	08:30 – 11:10	Men's Tournaments		



	Session WP 12	Start; 14:30	End; 17:10	Tianhe Natatorium
	14:30 – 17:10	Men's Tournaments		
	Session WP 13	Start; 19:30	End; 22:10	Tianhe Natatorium
	19:30 – 22:10	Men's Tournaments		
<b>Day 8</b>	<b>November 20 (Saturday)</b>			
	Session WP 14	Start; 08:30	End; 11:10	Tianhe Natatorium
	08:30 – 11:10	Men's Tournaments		
	Session WP 15	Start; 14:30	End; 17:10	Tianhe Natatorium
	14:30 – 17:10	Men's Tournaments		
	Session WP 16	Start; 19:30	End; 22:10	Tianhe Natatorium
	19:30 – 22:10	Men's Tournaments		
<b>Day 9</b>	<b>November 21 (Sunday)</b>			
	Session WP 17	Start; 08:30	End; 11:10	Tianhe Natatorium
	08:30 – 11:10	Men's Tournaments		
	Session WP 18	Start; 14:30	End; 17:10	Tianhe Natatorium
	14:30 – 17:10	Men's Tournaments		
	Session WP 19	Start; 19:30	End; 22:10	Tianhe Natatorium
	19:30 – 22:10	Men's Tournaments		
<b>Day 10</b>	<b>November 22 (Monday)</b>			
	Session WP 20	Start; 08:30	End; 11:10	Tianhe Natatorium
	08:30 – 11:10	Men's Tournaments		
	Session WP 21	Start; 14:30	End; 17:10	Tianhe Natatorium
	14:30 – 17:10	Men's Tournaments		
	Session WP 22	Start; 19:30	End; 22:10	Tianhe Natatorium
	19:30 – 22:10	Men's Tournaments		
<b>Day 11</b>	<b>November 23 (Tuesday)</b>			
	Session WP 23	Start; 08:30	End; 11:10	Tianhe Natatorium



	08:30 – 11:10	Men's Tournaments		
	Session WP 24	Start: 14:30	End: 17:10	Tianhe Natatorium
	14:30 – 17:10	Men's Tournaments		
	Session WP 25	Start: 19:30	End: 22:10	Tianhe Natatorium
	19:30 – 22:10	Men's Tournaments		
<b>Day 12</b>	<b>November 24 (Wednesday)</b>			
	Session WP 26	Start: 08:30	End: 11:10	Tianhe Natatorium
	08:30 – 11:10	Men's Tournaments		
	Session WP 27	Start: 14:30	End: 17:10	Tianhe Natatorium
	14:30 – 17:10	Men's Tournaments		
	Session WP 28	Start: 19:30	End: 22:10	Tianhe Natatorium
	19:30 – 22:10	Men's Tournaments		
<b>Day 13</b>	<b>November 25 (Thursday)</b>			
	Session WP 29	Start: 08:30	End: 11:10	Tianhe Natatorium
	08:30 – 11:10	Men's Tournaments		
	Session WP 30	Start: 14:30	End: 17:10	Tianhe Natatorium
	14:30 – 17:10	Men's Tournaments		
	Session WP 31	Start: 19:30	End: 22:10	Tianhe Natatorium
	19:30 – 22:10	Men's Tournaments		
<b>Day 14</b>	<b>November 26 (Friday)</b>			
	Session WP 32	Start: 08:30	End: 11:10	Tianhe Natatorium
	08:30 – 11:10	Men's Tournaments		
	Session WP 33	Start: 14:30	End: 17:10	Tianhe Natatorium
	14:30 – 17:10	Men's Tournaments		
	Session WP 34	Start: 19:30	End: 22:10	Tianhe Natatorium
	19:30 – 22:10	Men's Tournaments		

Note: The competition schedule is subject to change in accordance with the final entries.



## Competition Venue

Tianhe Natatorium

## Competition Rules

The Water Polo competition of the 16<sup>th</sup> Asian Games shall be conducted in accordance with the FINA Handbook, in force during the Games time.

## Competition Format

### Composition of the Team

Each team is composed of 13 players. It is allowed only for these 13 players and three team officials to sit on the team bench.

### Preliminary Round

In the Preliminary round, the participating teams will be divided into groups and play a single round robin. Ranking of the Preliminaries will be arranged as follows:

A team wins one match will be scored two points;

A team ties with another will be scored one point;

A team loses one match will be scored no point.

The ranking of each team will be determined by the points accumulated within the group.

If there are two or more teams have the same points after the completion of the group match, then the ranking shall be decided in accordance with respective FINA rules.

### Final Round



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A definite result is required in a match. Should the scores be level at full time, extra time contest shall be played. If at the end of the extra time, the score is equal, there shall be a penalty shoot out to determine the result.

#### Groups

In the Men's and Women's events:

If there are no more than 6 teams, there will be a single Round Robin, ranked by the points accumulated.

If there are 7 to 12 teams, the teams will be divided into 2 groups and then be placed through semi-finals & finals.

If there are 13 to 16 teams, the teams will be divided into 4 groups and then be placed through semi-finals & finals

The principle of grouping and drawing shall be implemented in accordance with AASF rules.

#### Competition Duration

The duration of the game shall be four periods, eight-minute actual play of each. There shall be a two-minute interval between the first and second periods and between the third and fourth periods, and a five-minute interval between the second and third periods.

#### Draw

The draw shall be organized by AASF.

Time and Place: TBD



## Sport Entries

### Entry Timeline

The 1<sup>st</sup> Entry (Entry by Sport) – Deadline: 24:00 of October 31, 2008 (Beijing Time)

The 2<sup>nd</sup> Entry (Entry by Event/Number) – Deadline: 24:00 of July 31, 2010 (Beijing Time)

The 3<sup>rd</sup> Entry (Entry by Name) – Deadline: 24:00 of September 30, 2010 (Beijing Time)

### Entry Policies

Each participating NOC may enter one (1) men's team and one (1) women's team. Each participating NOC may enter a maximum of thirteen (13) men and thirteen (13) women players in Water Polo.

For the detailed entry policies, please refer to *Sport Entries Manual* of the 16<sup>th</sup> Asian Games.

## Technical Meeting

Time and Place: TBD

## Technical Officials

Technical Officials, FINA certified, shall be appointed or recommended by AASF.

## Protests and Appeals

Protests are possible and shall be resolved under FINA rule GR 9.



2.2 and GR 9.2.3. Protests must be submitted to the Referee in writing by the Team Leader, with a deposit of CH100 or its equivalent, within 30 minutes following the conclusion of the respective competition. The Referee shall consider all protests. If he rejects the protest, he must state the reasons for his decision. The Team Leader may appeal the rejection to the Jury of Appeal whose decision shall be final. The Commission shall consider appeals against decision by the Referee and recommendations to the Jury of Appeal.

### Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in the 16<sup>th</sup> Asian Games Water Polo competition must comply with the regulations and rules of FINA.

### Doping Control

Doping Control during the 16<sup>th</sup> Asian Games will be conducted in accordance with OCA Anti-Doping Rules applicable to the Asian Games and will follow the standards and procedures under the World Anti-Doping Programme.

### Gender Verification

Gender verification tests shall be carried out in accordance with the OCA Constitution and Rules, except for those athletes who present a valid certificate of femininity issued by the IOC Medical Commission or the OCA Medical Committee.

### Victory Ceremony

Gold, silver and bronze medals will be awarded to the teams ranked the top three of each event respectively. Each



participating athletes of these teams will be awarded with gold, silver and bronze medals.

Fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms.

### **Sport Information**

All sport-specific information for Water Polo will be available at the sport information desks. They are located at the competition venue and at the Sport Information Center (SIC) in the Athletes' Village.

### **Training Venues**

The training will take place in Huashi Natatorium and Guangzhou Sports Polytechnic.

## **Approval of the Technical Handbook**

The Technical Handbook for Aquatics of the 16<sup>th</sup> Asian Games was approved by the Asia Swimming Federation on September 4, 2009.

## **General Contacts**

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