

## Preface

In November 2010, the 16<sup>th</sup> Asian Games will be held in Guangzhou, China. The city of Guangzhou, with its openness, kindness and warmth, is welcoming friends from all over Asia as always.

“Thrilling Games, Harmonious Asia”. In 2010, through the delivery of efficient and effective planning and organization, state-of-the-art venues and facilities, customer-oriented services with a friendly and supportive environment, Guangzhou is expecting the elite Asian athletes to display their passion and the charming of sport, for promoting the development of sport in Asia, and strengthening the sports and cultural exchanges among the Asian countries and regions.

This publication, which includes a hard copy and an electronic copy both in Chinese and English, presents the competition technical information on Athletics at the 16<sup>th</sup> Asian Games. It also contains information on all related services, brief introductions to China, Guangdong Province and the city of Guangzhou, as well as contact information for the relevant sport organizations.

We have the honour to present you this Technical Handbook one year prior to the opening of the 16<sup>th</sup> Asian Games. We sincerely hope this publication is conducive to and plays an important role in your participation in the 16<sup>th</sup> Asian Games.



## Organization Bodies

### OCA Executive Board

<b>President</b>	Sheikh Ahmad Al-Fahad Al-Sabah
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**Director General & Technical Director**

Mr. Husain A H Z Al-Musallam



## **GAGOC Executive Board**

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## OCA Members

No.	NOC	Code
1	Afghanistan	AFG
2	Bahrain	BRN
3	Bangladesh	BAN
4	Bhutan	BHU
5	Brunei Darussalam	BRU
6	Cambodia	CAM
7	China	CHN
8	D.P.R. Korea	PRK
9	Hong Kong, China	HKG
10	India	IND
11	Indonesia	INA
12	Iran	IRI
13	Iraq	IRQ
14	Japan	JPN
15	Jordan	JOR
16	Kazakhstan	KAZ
17	Korea	KOR
18	Kuwait	KUW
19	Kyrgyzstan	KGZ
20	Laos	LAO
21	Lebanon	LIB
22	Macau, China	MAC
23	Malaysia	MAS
24	Maldives	MDV
25	Mongolia	MGL
26	Myanmar	MYA



No.	NOC	Code
27	Nepal	NEP
28	Oman	OMA
29	Pakistan	PAK
30	Palestine	PLE
31	Philippines	PHI
32	Qatar	QAT
33	Saudi Arabia	KSA
34	Singapore	SIN
35	Sri Lanka	SRI
36	Syria	SYR
37	Chinese Taipei	TPE
38	Tajikistan	TJK
39	Thailand	THA
40	Timor-Leste	TLS
41	Turkmenistan	TKM
42	United Arab Emirates	UAE
43	Uzbekistan	UZB
44	Vietnam	VIE
45	Yemen	YEM

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## General Information

### China in Brief

China is one of the world's most ancient civilizations with rich material and cultural heritages that trace back a history of over 5,000 years. As the world's largest developing country, China has accomplished enormous economic and social progress for which it is acclaimed by the world. Nowadays, China enjoys political and social stability and fast economic growth, and its people's living standards keep improving.

### Geography

China is situated in East Asia on the western coast of the Pacific. With a land area of 9.6 million square kilometers, China has a highly varied terrain that in general slopes downward from the west to the east.

### Climate

China has highly varied climate conditions across its vast territory. Most parts of the country are within the North Temperate Zone, typical of a continental monsoon climate, featuring moderate weather conditions and distinct four seasons.

### Population , Ethnicity and Language

Population: 1,328,020,000

Ethnicity: China is a multi-ethnic country with 56 different ethnic groups.



**Language:** Over 80 different languages are spoken in China, about 30 of which have written forms. Putonghua (Mandarin) is the official language of China.

## Religion

**Religion:** China is a country with multi-religions mainly including Buddhism, Taoism, Islam, Catholics and Christianity. Chinese citizens enjoy the freedom of religious belief.

## Miscellaneous

**Currency:** Renminbi (RMB) is the legal currency of China. The fractional currency is jiao and fen. One yuan is composed of 10 jiao and one jiao is composed of 10 fen. Foreign currencies can be exchanged at most hotels and banks in China.

**Voltage:** 220V (50Hz)

Please visit [www.gov.cn](http://www.gov.cn) for more information.

# Guangdong Province in Brief

## Geographic Location

The Guangdong Province covers a land area of 179,800 square kilometers between 20°13' – 25°31'N and 109°39' – 117°19'E on the southern end of the Chinese mainland. Situated to the north of the South China Sea, Guangdong Province has a coastline of 3,368.1 kilometers.

## Climate

Guangdong Province has a mixture of tropical and subtropical monsoon climates, with an annual average temperature of 22.3 Celsius degrees, featuring prolonged summer and warm winter. Guangdong is a humid province, as the rainfall averages between 1,300mm and 2,500mm annually. The low altitude and the ocean also have a great impact on the local climate.

## Population and Language

Population: 94,490,000

Language: Three dialect phyla in addition to Putonghua.

## Guangzhou in Brief

### Administrative Districts and Population

As the capital of Guangdong Province, Guangzhou is the political, economic, and cultural center of the province. It is also a major trading hub of China.

Covering an area of 7,434.4 square kilometers and with a resident population of nearly 10 million, Guangzhou administrates 10 districts and two county-level cities, Conghua and Zengcheng.

### Touristic Resources

Guangzhou enjoys rich touristic resources. There are more than 100 scenic sites.

The famous Eight Top Scenic Spots of Guangzhou: Baiyun



Mountain, Pearl River, Yuexiu Mountain, East Station Square, Chen Clan Academy, Huanghuagang Mausoleum of 72 Martyrs, Guangdong Olympic Sports Center and Lotus Mountain.

Other famous scenic sites include Dr. Sun Yat-sen Memorial Hall, Huangpu Military Academy, Western Han Nanyue King Museum, Guangzhou International Convention and Exhibition Center, Guangzhou Museum of Art, South China Botanical Garden, Conghua Hot Spring, Liuxi River National Forest Park, Up Down Nine Pedestrian Street, and Beijing Road Pedestrian Street, etc.

Please visit [www.gz.gov.cn](http://www.gz.gov.cn) for more information.

## History and Culture

Guangzhou is a famous cultural city with a history of more than 2,200 years. In the year of 214 B.C. , Nanhai Prefecture ( the Capital was built in “Panyu” ) was founded. In the year of 226 A. D. , the city was named “Guangzhou”.

Guangzhou was the starting point of the “Maritime Silk Road” and was the earliest trade port in China. The city is also a cradle of modern Chinese revolution.

Cantonese Opera is a typical local opera. It is popular in Guangdong Province, Hong Kong, Macau and Southeast Asia. Lingnan painting school is one of China’s modern painting schools. Guangzhou’s carvings, porcelains and ceramics, and embroideries are fine art crafts famous both at home and abroad. Cantonese cuisine is one of the major cuisines in China.

It is rich in popular customs such as Spring Flower Festival, dragon boat racing, mountain climbing in the Double Ninth Festival, morning tea, etc.

## Useful Information

1. Languages: Putonghua and Cantonese
2. Time Zone: GMT +8 (Beijing Time)
3. Voltage: 220V (50Hz)
4. Emergency: Telephone Number Inquiry: 114;  
Ambulance: 120;  
Fire: 119;  
Police: 110;  
Traffic Accident: 122.
5. Banking: the following foreign credit cards can be used in Guangzhou: Master Card, Visa Card, American Express Card, and JCB, etc.

## The 16<sup>th</sup> Asian Games in Brief

- Dates: November 12 – 27, 2010
- Location: Guangzhou, China
- Sport Program: 42 sports, 473 events
- Venues: 53 competition venues
- Mission: In the Olympic spirit and the spirit of the Asian Games, the Games seek to promote solidarity, friendship and exchanges among Asian countries and regions and to contribute to the building of a harmonious Asia.



Vision: Thrilling Games, Harmonious Asia

### The Emblem

The official emblem of the 16<sup>th</sup> Asian Games was designed based on the contours of the Statue of the Five Goats, the symbol of Guangzhou. Its soft lines move upward to form the silhouette of the Statue, which also resembles the flame in the caldron of the 16<sup>th</sup> Asian Games. The design well embodies the symbol of Guangzhou, representing the goodwill of the Guangzhou people and the dynamics of the Asian Games.

### The Mascots

Named “*Le Yangyang*” as a group, the Mascots of the 16<sup>th</sup> Asian Games are five sporty and cute goats called *A Xiang* [ a: ' sj ʌ ŋ ], *A He* [ a: ' hə: ], *A Ru* [ a: ' ru: ], *A Yi* [ a: ' ji: ] and *Le Yangyang* [ ' lə: j ʌ ŋ ʌ ŋ ] respectively. Put together, these names mean “peace, fortune and happiness”. They express the goodwill that Guangzhou hopes to bring to Asia through the 16<sup>th</sup> Asian Games: fortune, harmony, happiness, fulfillment and joy; and also convey the Games’ message - harmony and passion.

### The Asian Games Town

The Asian Games Town covers a planned area of 2.73 square kilometers on the east side of Guangzhou New Town, right at the foot of the Lotus Mountain and alongside the Lotus Waterway. Well-equipped and set in a beautiful environment, the Asian Games Town comprises the Athletes’ Village, the Media Village, the International Broadcast Center, the Main Press Center and the Asian Games Park.

## **Accreditation and Validation**

GAGOC will start distributing the accreditation application forms and Users' Guide from March 15, 2010.

The completed accreditation application forms shall be returned to GAGOC by June 30, 2010.

From September 1, 2010, GAGOC will start sending out the accreditation cards of the 16<sup>th</sup> Asian Games to NOCs that have submitted valid accreditation application forms with photos before June 30, 2010. The bearers of the accreditation cards can activate the accreditation cards at the accreditation centers at the airport or the Asian Games Town /the sub-villages upon entering China. Once activated, the accreditation cards will be used as the official IDs for participation in the 16<sup>th</sup> Asian Games. The bearers have access rights to different venues and zones according to the access entitlement specified on their accreditation cards.

## **Immigration / Visa**

From October 13 to December 12, 2010, AGIAC holders will be permitted multiple entries into China upon presentation of their AGIAC, together with a valid passport or other valid international travel documents. Card holders will not need to apply for a China Visa or Residence Permit in order to enter the country. Any AGIAC holders wishing to enter China before or after the validity period of the AGIAC, or remain in China after its expiry date, will need to make their own arrangements regarding visas or



residence permit.

AGIAC holders should ensure that the information on their valid passport or international travel documents when entering China is exactly the same with the information on the certified document used for application for AGIAC, and that their passport or travel document remain valid at least till May 31, 2011.

AGIAC: ASIAN GAMES IDENTITY ACCREDITATION CARD

## **Transportation**

### **Transport Services for Arrival and Departure**

Provision of shuttle bus services for athletes and team officials between designated sites and their accommodations during the arrival and departure period of the Games. Provision of group bus services for arriving or departing athletes and team officials. The group bus services require advance reservation.

### **Dedicated Bus Services for Team Events (for team events)**

Provision of dedicated group bus services for athletes' teams participating in team events for training and competition. These group bus services require reservation and confirmation.

### **Transport Services for Competitions (for non-team events)**

Provision of shuttle bus services for athletes and team officials participating in non-team events between their accommodations and the applicable competition venues as per the competition schedule.

### Transport Services for Training ( for non-team events )

Provision of shuttle bus services for athletes and team officials participating in non-team events between their accommodations and the training venues as per the training schedule. These services will stop at 1:00pm on the day of the Opening Ceremony. Athletes who wish to continue to train until later on that day may use an NOC Dedicated Vehicle for their trips to and from the training venues.

### Transport Services for Spectating

Provision of shuttle bus services for athletes and team officials as spectators between the Athletes' Village and all competition venues as per the competition schedule. Athletes and team officials as spectators of an event or events of their own sports are permitted to use the competition bus service to the applicable venue. However, priority will be given to competing athletes and their team officials.

### Transport Services for Luggage

The luggage belonging to athletes and team officials should, in principle, be carried by the bus they take. If that is impossible, due to insufficient storage space, a separate vehicle will be provided to transport these items to their destinations.

### Transport Services between Villages

Provision of shuttle bus services between the Athletes' Sub-villages and the Athletes' Village while the Athletes' Sub-villages are open.



## Accommodation

During the Games time, over 10,000 athletes and team officials will be accommodated in the Athletes' Village which boasts 49 apartment buildings consisting of 3,598 apartments. The Athletes' Village will be officially opened on November 5, 2010 and closed on November 30, 2010. It is divided into the Public Area, the International Area and the Residential Area. Separate accreditation is required for entering the three areas.

## Media

### Mixed Zones

Mixed zones will be set up in the competition venues to facilitate interactions between athletes and the media. As per the requirements of the OCA, athletes must pass through the mixed zones after finishing their competitions, but are not obligated to take the media's questions. Each journalist should complete his or her interview within one minute.

AFs and the competition management teams will provide necessary assistance to ensure that athletes can pass through the mixed zone smoothly.

### Press Conference

Generally, a press conference will be organized immediately after each final for the medalists (and coaches/other athletes, if necessary) to meet with the media. The media operation team will usher the participants into the press room. The press

conference will be interpreted in English and Chinese.

## **Medical Services**

All competition and non-competition venues will include athlete medical stations, where professional medical staff as well as ambulances will stand by. The centers provide first-aid service during the period when the competition/training venues are open.

The Asian Games Town will have a polyclinic, providing treatment and consultation across the departments of internal medicine and surgery, including ophthalmology, stomatology, physical treatment, massage, X-rays, pharmacy, etc. It also has an emergency room open 24 hours a day, with ambulances stand-by. Any patients who need further diagnosis and treatment will be transferred to designated hospitals of the Games.

Free medical services will be provided to members of the Asian Games Family during the Games time.



## Weather Information in November

City	Guangzhou	Foshan	Dongguan	Shanwei
Prevailing Wind	N	NNW	NE	NE
Mean Wind Speed (m/s)	1.8	1.9	1.8	3
Maximum Wind Speed (m/s)	13.7	10	8.3	18
Highest Gust (m/s)	22.8	17.3	13.3	26.2
Mean Temperature ( °C )	19.8	19.8	20.1	20.7
Mean Maximum Temperature ( °C )	33.4	32.9	33.6	33.2
Mean Minimum Temperature ( °C )	4.9	4.2	4.5	5.8
Mean Sea Surface Temperature ( °C )				22.3
Daily Mean Relative Humidity ( % )	65.8	68.3	67.6	69
Mean Monthly Rainfall ( mm )	34.8	35.2	32.7	28.3
Maximum Monthly Rainfall ( mm )	144.7	159.8	123.7	487
Maximum 24–Hour Rainfall ( mm )	116.3	78.5	99	273.5
Mean Number of Days with Rain ( days )	5.4	5.3	5.1	3.9

City	Guangzhou	Foshan	Dongguan	Shanwei
Mean Number of Days with Fog ( days )	0.2	1	0.1	0
Mean Number of Days with Thunderstorm ( days )	0.2	0.2	0.1	0.1
Mean Daily Sunshine ( hours/days )	5.7	5.6	6.3	6.1

( Data based on 2006 to 2008 )



# Competition Technical Information

## Athletics

### Competition Date and Venues

The Athletics competition of the 16<sup>th</sup> Asian Games will be held from November 21 to 26, 2010 in Aoti Main Stadium, Marathon competition will be held on November 21 and 27, 2010 in Triathlon Venue.

### Competition Management

#### Technical Delegates

Maurice R. Nicholas (SIN)

Secretary-Treasurer, Asian Athletics Association (AAA)

C. K. Valfson (IND)

AAA Panel of Asian Technical officials

#### Competition Manager

Zhang Yongliang

### Competition Events

The Athletics competition of the 16<sup>th</sup> Asian Games will consist of 47 events, including 24 men's and 23 women's events.

#### Men's

##### Track Events:

100m, 200m, 400m, 800m, 1500m, 5000m, 10000m,

110m Hurdles, 400m Hurdles, 3000m steeplechase,

Field Events:

Jumping Events: High Jump, Pole Vault, Long Jump, Triple Jump,

Throwing Events: Shot Put, Discus Throw, Hammer Throw, Javelin Throw.

Relay Races: 4 × 100m Relay, 4 × 400m Relay.

Road Events: 20km Race Walking, 50km Race Walking, Marathon

Combined Event: Decathlon

**Women's**

Track Events:

100m, 200m, 400m, 800m, 1500m, 5000m, 10000m,

100m Hurdles, 400m Hurdles, 3000m steeplechase,

Field Events:

Jumping Events: High Jump, Pole Vault, Long Jump, Triple Jump,

Throwing Events: Shot Put, Discus Throw, Hammer Throw, Javelin Throw.

Relay Races: 4 × 100m Relay, 4 × 400m Relay.

Road Events: 20km Race Walking, Marathon

Combined Event: Heptathlon

## Competition Schedule

Day 9	November 21 ( Sunday )			
	Session AT 01	Start : 08 : 00	End : 10 : 45	Triathlon Venue
	08 : 00 – 10 : 40	Men's Marathon Final		
	10 : 40	Victory Ceremony-Men's Marathon		



	Session AT 02	Start; 19:00	End; 22:25	Aoti Main Stadium
	19:00 – 19:20	Women's 100m Round 1		
	19:05 – 20:35	Men's Hammer Throw Final		
	19:10 – 20:30	Women's Long Jump Qualifying Round		
	19:15 – 20:15	Women's Shot Put Final		
	19:25 – 19:45	Men's 100m Round 1		
	19:50 – 20:30	Women's 10000m Final		
	20:30 – 20:50	Women's 400m Round 1		
	20:50	Victory Ceremony-Women's Shot Put		
	21:00 – 21:20	Men's 400m Round 1		
	21:20	Victory Ceremony-Women's 10000m		
	21:25 – 21:45	Men's 5000m Final		
	21:45	Victory Ceremony-Men's Hammer Throw		
	21:55 – 22:10	Women's 3000m Steeplechase Final		
	22:10	Victory Ceremony-Men's 5000m		
	22:20	Victory Ceremony-Women's 3000m Steeplechase		
<b>Day 10</b>	<b>November 22 (Monday)</b>			
	Session AT 03	Start; 09:00	End; 11:30	Aoti Main Stadium
	09:00 – 09:15	Women's Heptathlon 1/7 100m Hurdles		
	09:05 – 10:30	Men's Long Jump Qualifying Round		
	09:20 – 11:10	Women's 20km Race Walking Final		
	09:30 – 09:50	Men's 1500m Round 1		
	09:40 – 11:30	Women's Heptathlon 2/7 High Jump		
	09:50 – 10:10	Women's 1500m Round 1		
	10:10 – 10:25	Men's 400m Semifinal		
	10:25 – 10:40	Women's 400m Semifinal		
	Session AT 04	Start; 19:00	End; 21:55	Aoti Main Stadium

	19:00 – 21:10	Men's Pole Vault Final		
	19:05 – 20:05	Women's Heptathlon 3/7 Shot Put		
	19:10 – 20:45	Women's Hammer Throw Final		
	19:15 – 19:30	Women's 100m Semifinal		
	19:25 – 19:40	Men's 100m Semifinal		
	19:40	Victory Ceremony-Women's 20km Race Walking		
	19:50 – 19:55	Women's 400m Final		
	20:00 – 20:05	Men's 400m Final		
	20:10	Victory Ceremony-Women's 400m		
	20:20 – 20:45	Men's 110m Hurdles Round 1		
	20:45	Victory Ceremony-Men's 400m		
	20:50 – 21:05	Women's Heptathlon 4/7 200m		
	21:05	Victory Ceremony-Women's Hammer Throw		
	21:15 – 21:20	Women's 100m Final		
	21:25	Victory Ceremony-Men's Pole Vault		
	21:30 – 21:35	Men's 100m Final		
	21:40	Victory Ceremony-Women's 100m		
	21:50	Victory Ceremony-Men's 100m		
<b>Day 11</b>	<b>November 23 (Tuesday)</b>			
	<b>Session AT 05</b>	<b>Start: 09:00</b>	<b>End: 11:10</b>	<b>Aoti Main Stadium</b>
	09:00 – 10:00	Women's Heptathlon 5/7 Long Jump		
	09:05 – 10:45	Men's 20km Race Walking Final		
	10:30 – 11:10	Women's Heptathlon 6/7 Javelin Throw		
	<b>Session AT 06</b>	<b>Start: 19:00</b>	<b>End: 22:05</b>	<b>Aoti Main Stadium</b>
	19:00 – 20:55	Men's High Jump Final		
	19:05 – 19:20	Women's Heptathlon 7/7 800m		
	19:10 – 20:30	Women's Long Jump Final		



	19:20 – 20:45	Women's Discus Throw Final		
	19:25	Victory Ceremony-Men's 20km Race Walking		
	19:35 – 19:45	Women's 1500m Final		
	19:50 – 20:00	Men's 1500m Final		
	20:00	Victory Ceremony-Women's Heptathlon		
	20:10 – 20:25	Women's 4×100m Relay Round 1		
	20:25	Victory Ceremony-Women's 1500m		
	20:35 – 20:50	Men's 4×100m Relay Round 1		
	20:50	Victory Ceremony-Men's 1500m		
	21:00 – 21:15	Men's 3000m Steeplechase Final		
	21:15	Victory Ceremony-Women's Long Jump		
	21:25 – 21:40	Men's 4×400m Relay Round 1		
	21:30	Victory Ceremony-Women's Discus Throw		
	21:40	Victory Ceremony-Men's 3000m Steeplechase		
	21:50 – 22:05	Women's 4×400m Relay Round 1		
	21:55	Victory Ceremony-Men's High Jump		
<b>Day 12</b>	<b>November 24 ( Wednesday )</b>			
	<b>Session AT 07</b>	<b>Start ; 09:00</b>	<b>End ; 11:40</b>	<b>Aoti Main Stadium</b>
	09:00 – 09:15	Men's Decathlon 1/10 100m		
	09:25 – 09:45	Women's 400 Hurdles Round 1		
	09:40 – 10:30	Men's Decathlon 2/10 Long Jump		
	09:55 – 10:15	Men's 400 Hurdles Round 1		
	11:00 – 11:40	Men's Decathlon 3/10 Shot Put		
	<b>Session AT 08</b>	<b>Start ; 19:00</b>	<b>End ; 22:10</b>	<b>Aoti Main Stadium</b>
	19:00 – 21:00	Women's Pole Vault Final		
	19:05 – 20:55	Men's Decathlon 4/10 High Jump		
	19:10 – 19:25	Women's 100m Hurdles Round 1		

	19:15 – 20:35	Men's Discus Throw Final		
	19:20 – 20:40	Men's Long Jump Final		
	19:35 – 20:55	Women's 200m Round 1		
	20:00 – 20:20	Men's 200m Round 1		
	20:25 – 20:45	Women's 800m Round 1		
	20:50 – 21:10	Men's 800m Round 1		
	21:10	Victory Ceremony-Men's Discus Throw		
	21:25 – 21:45	Men's Decathlon 5/10 400m		
	21:30	Victory Ceremony-Men's Long Jump		
	21:50 – 21:55	Men's 110m Hurdles Final		
	21:55	Victory Ceremony-Women's Pole Vault		
	22:05	Victory Ceremony-Men's 110m Hurdles		
<b>Day 13</b>	<b>November 25 (Thursday)</b>			
	<b>Session AT 09</b>	<b>Start: 07:30</b>	<b>End: 13:30</b>	<b>Aoti Main Stadium</b>
	07:30 – 11:45	Men's 50km Race Walking Final		
	09:00 – 09:10	Men's Decathlon 6/10 110m Hurdles		
	09:15 – 10:20	Men's Triple Jump Qualifying Round		
	09:25 – 09:40	Women's 200m Semifinal		
	09:40 – 10:30	Men's Decathlon 7/10 Discus Throw		
	09:45 – 10:00	Women's 200m Semifinal		
	11:00 – 13:30	Men's Decathlon 8/10 Pole Vault		
	<b>Session AT 10</b>	<b>Start: 19:00</b>	<b>End: 22:05</b>	<b>Aoti Main Stadium</b>
	19:00 – 19:50	Men's Decathlon 9/10 Javelin Throw		
	19:05 – 19:10	Women's 100m Hurdles Final		
	19:10 – 20:30	Women's Triple Jump Final		
	19:15	Victory Ceremony-Men's 50km Race Walking		
	19:25 – 19:30	Women's 800m Final		



	19:30	Victory Ceremony-Women's 100m Hurdles		
	19:40 – 19:45	Men's 800m Final		
	19:50	Victory Ceremony-Women's 800m		
	20:00 – 20:05	Women's 200m Final		
	20:05	Victory Ceremony-Men's 800m		
	20:15 – 20:20	Men's 200m Final		
	20:20 – 21:40	Women's Javelin Throw Final		
	20:25	Victory Ceremony-Women's 200m		
	20:40	Victory Ceremony-Men's 200m		
	20:50 – 20:55	Women's 400m Hurdles Final		
	21:00	Victory Ceremony-Women's Triple Jump		
	21:10 – 21:15	Men's 400m Hurdles Final		
	21:20	Victory Ceremony-Women's 400m Hurdle		
	21:30 – 21:40	Men's Decathlon 10/10 1500m		
	21:40	Victory Ceremony-Men's 400m Hurdles		
	21:50	Victory Ceremony-Men's Decathlon		
	22:00	Victory Ceremony-Women's Javelin Throw		
<b>Day 14</b>	<b>November 26 ( Friday )</b>			
	<b>Session AT 11</b>	<b>Start : 19:00</b>	<b>End : 22:15</b>	<b>Aoti Main Stadium</b>
	19:00 – 20:50	Women's High Jump Final		
	19:05 – 20:30	Men's Javelin Throw Final		
	19:10 – 20:40	Men's Triple Jump Final		
	19:15 – 19:35	Women's 5000m Final		
	19:20 – 20:30	Men's Shot Put Final		
	19:45 – 19:50	Women's 4×100m Final		
	19:55	Victory Ceremony-Women's 5000m		
	20:10 – 20:15	Men's 4×100m Final		

	20:20	Victory Ceremony-Women's 4x100m		
	20:25 – 21:00	Men's 10000m Final		
	20:35	Victory Ceremony-Men's 4x100m		
	21:00	Victory Ceremony-Men's Shot Put		
	21:10	Victory Ceremony-Men's Javelin Throw		
	21:20 – 21:30	Women's 4x400m Final		
	21:25	Victory Ceremony-Men's Triple Jump		
	21:35	Victory Ceremony-Women's High Jump		
	21:45	Victory Ceremony-Men's 10000m		
	21:50 – 21:55	Men's 4x400m Final		
	22:00	Victory Ceremony-Women's 4x400m		
	22:10	Victory Ceremony-Men's 4x400m		
<b>Day 15</b>	<b>November 27 (Saturday)</b>			
	<b>Session AT 12</b>	<b>Start: 08:00</b>	<b>End: 11:00</b>	<b>Triathlon Venue</b>
	08:00 – 11:00	Women's Marathon Final		
		Victory Ceremony-Women's Marathon		

Note: The competition schedule is subject to change in accordance with the final entries.

## Competition Venues

Aoti Main Stadium

Triathlon Venue (Marathon competition)

## Competition Rules

The Athletics competition of the 16<sup>th</sup> Asian Games will be held in accordance with the IAAF Competition Rules in force during the Games time.

In case of any disagreement in the interpretation of the Rules,



the English version shall prevail. Any unforeseen cases not covered by the Regulations shall be handled according to the *OCA Constitution and Rules* and *AAA Constitution*.

## Competition Format

### 1. Call Room Reporting Time

Events	Pre-Call			First Call Reporting Time (Closed time)
	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	
Track Events(except Relay Races)	42 min	38 min	33 min	30 min before competition
Relay Races、 Race Walking	52 min	48 min	43 min	40 min before competition
Throws and Horizontal Jumps	62 min	58 min	53 min	50 min before competition
High Jump	72 min	68 min	63 min	60 min before competition
Pole Vault	82 min	78 min	73 min	70 min before competition

Once in the First Call Room, athletes are identified by their accreditation and competition number. Athletes' accreditation passes will be collected by Call Room Judges and will be returned at the Post Event Control Centre.

### 2. Track Events

Track events take place on a synthetic track (9 lanes), which is 400m in length. The standard heights of the hurdles shall be 1.067m high for men's 110m hurdles; 0.840m high for women's 100m hurdles; 0.914m high for men's 400m hurdles and 0.762m high for women's 400m hurdles.

3000m steeplechase, the water jump will be located in the north “D”. For the steeplechase events, there shall be five jumps in each lap after the finish line has been passed for the first time, with the water jump as the fourth. The hurdles shall be 0.914m high for men’s 3000m steeplechase and 0.762m for women’s. Each take-over zone of relay races shall be 20m long.

### Competition Process

	Round 1		Semifinal		Final	
	Men's	Women's	Men's	Women's	Men's	Women's
100m	Y	Y	Y	Y	Y	Y
200m	Y	Y	Y	Y	Y	Y
400m	Y	Y	Y	Y	Y	Y
800m	Y	Y			Y	Y
1500m	Y	Y			Y	Y
5000m					Y	Y
10000m					Y	Y
110m Hurdles	Y				Y	
100m Hurdles		Y				Y
400m Hurdles	Y	Y			Y	Y
3000m Steeplechase					Y	Y
4 × 100m Relay	Y	Y			Y	Y
4 × 400m Relay	Y	Y			Y	Y

### 3. Field Events

#### Progression of Competition

In the field events, where there are 18 competitors or less, it is final only. If there are more than 18 competitors, there are two phases of competition: qualifying and final. In the qualifying, there are standards set for the competitors, which will be announced



by the AAA Technical Delegates at the Technical Meeting. Only those competitors achieving the required standard will progress to the final. If, however, the number of the competitors who qualify is less than 12, the next highest ranked competitor(s) from this event, up to a total of at least 12, will be included in the final. If more than 12 competitors achieve the required standard in the qualifying round, all will be qualified for the final.

The High Jump and Pole Vault in the individual and combined events, the starting heights and the raising of the bar will be decided by Technical Delegates at the Technical Meeting.

## Sport Entries

### Eligibility

Only NOCs recognized by the OCA may enter athletes in Asian Games. Only athletes who comply with the conditions laid down in the OCA Constitution and Rules and the AAA Constitution are entitled to participate in the Athletics Competition of the 16<sup>th</sup> Asian Games.

### Entry Timeline

The 1<sup>st</sup> Entry (Entry by Sport)– Deadline: 24:00 of October 31, 2008 (Beijing Time)

The 2<sup>nd</sup> Entry (Entry by Event/Number) – Deadline: 24:00 of July 31, 2010 (Beijing Time)

The 3<sup>rd</sup> Entry (Entry by Name)– Deadline: 24:00 of September 30, 2010 (Beijing Time)

For the detailed entry policies, please refer to *Sport Entries Manual* of the 16<sup>th</sup> Asian Games.

### Final Confirmation of Entries

Official representatives of NOCs must confirm the athletes who will actually compete on the first day of competition at the technical meeting. For subsequent competition days, confirmation must be given to the Sport Information Center (SIC) in the Athletes' Village or the Athletics Technical Information Center (TIC) in Aoti Main Stadium by 10:00am on the day before the first round of each event. Also, the confirmation for all seven competition days could be carried out by NOCs representatives one time.

### Entry Policies

1. Each participating NOC may enter a maximum of two athletes in each individual event.
  
2. Each participating NOC may enter one team of six athletes in each relay races event. Once a relay team start in a competition, only two additional athletes may be used as substitutes in the composition of the team. The composition of a team and the order of running for a relay shall be officially declared no later than one hour before the published first call time for the first heat of each round of the competition.

### Technical Meeting

Technical Meeting will be held on November 19, 2010.



Each NOC may enter two delegates. Interpreter and accompany may attend if necessary.

Notification in writing of any amendments to the contents of the entry forms must be delivered by the Team Leaders to the Technical Delegates before the Technical Meeting, after which no further amendments will be accepted. It should be emphasized that the amendments to the contents of the entry forms are related to matters such as amended spellings. It is not an opportunity to add additional athletes who have not been previously entered. The Team Leader of each team must verify or correct the data and sign the “Pre-Draw List”.

## Agenda

Technical Meeting will be co-hosted by AAA Technical Delegates and Competition Manager. The meeting language will be English.

- Welcoming Speech by Competition Manager
- Introduce organizations and officers as follows:

AAA technical delegate, medical delegate, doping control delegate

International & Asian Technical Officials

International & Asian Race Walking Judge

Other representatives from Asia

Key members of competition management team & Key National Technical Officials

- Relevant issues
- Competition related arrangement
- Reply to the questions written and handed before the meeting

All questions or proposals concerning the organization of the Athletics Competition to be discussed during the Technical

Meeting, must be made in writing (in English only) on the form provided at the SIC in the Asian Athletes Village on November 17. This form must be returned to the SIC in the Asian Athletes Village or the Athletics TIC in Aoti Main Stadium no later than 10:00am on November 19.

Note: Only written questions will be answered.

Time and Place: TBD

## Technical Officials

International & Asian technical officials and International & Asian race walking judges shall be appointed by AAA.

National technical officials shall be appointed by Chinese Athletic Association (CAA) and be reported to AAA.

Jury of Appeal shall be selected from AAA council members.

## Protests and Appeals

Protests shall be processed according to IAAF Rule 146. Protests concerning the result or conduct of an event must be made within 30 minutes of the official announcement of the result of that event. Any protest shall, in the first instance, be made orally to the Referee by the athlete in person or by someone acting on his/her behalf.

An appeal to the Jury of Appeal must be made within 30 minutes of the official announcement of the decision made by the Referee, in writing on the official forms, signed by a responsible official on behalf of the athlete, and shall be accompanied by a deposit of US\$100, or its equivalent, which will be forfeited if the protest is not upheld.



All appeals must be submitted to the TIC in Aoti Main Stadium, from where they will be immediately forwarded to the Secretary of the Jury of Appeal.

## Equipment and Clothing

### 1. Equipment

GAGOC will provide equipment and implements for competition, warm-up and training. All equipment should comply with the IAAF Competition Rules. The use of personal implements, except pole vault, would not be allowed during the 16<sup>th</sup> Asian Games. If athletes wish to use other brands certified by the IAAF which would not be provided by GAGOC, the equipment must be examined and checked in the equipment room in the stadium at least one day before the start of the event. The qualified equipment would be kept in the equipment room and be placed at the field of play during the competition for all athletes.

### 2. Team Clothing

Competitors are required to wear the official uniform of their delegation (as registered at the SIC), which must conform to the IAAF Competition Rules and the current IAAF Advertising Regulations in force during the Game time.

Each Team Leader must present their team's complete uniform in all its variations at the SIC in Athletes Village. Once the uniform has been registered, the judges will inspect the athletes' clothing at the Call Room.

Only the officially registered uniform will be approved for use when in the competition. The Lap of Honor and Victory Ceremonies are considered as part of the competition.

### 3. Number Bibs

The bib numbers will be distributed at the entrance of the Technical Meeting. Each athlete will receive a total of four bib numbers with safety pins for each athlete taking part in the competition; two bib numbers for their competition vest, one for their track suit and one for their bag. These bib numbers must not be cut, folded or obscured in any way.

All competitors must display the bib numbers on their chest and back, except in the High Jump and Pole Vault events, where one bib number only may be worn on either the chest or the back.

Athletes taking part in the track events will also be given two adhesive hip numbers in Final Call Room before entering into the FOP. The hip numbers must be fixed to both sides of their shorts or upper legs.

For the Combined Events, the leading athlete after each event will be given a special bib number to be worn on his/her chest, which shows the current first ranking athlete. Athletes competing in the last heat of the 800m or 1500m in the Combined Events will be given a separate number to be worn on their chest, indicating their position in the competition before the last event. The distribution of these special bibs will take place at the Combined Events lounge and will be managed by the Combined Events Referee.



## Doping Control

Doping Control during the 16<sup>th</sup> Asian Games will be conducted in accordance with OCA Anti-Doping Rules applicable to the Asian Games and will follow the standards and procedures under the World Anti-Doping Programme.

## Gender Verification

Gender verification tests shall be carried out in accordance with the OCA Constitution and Rules, except for those athletes who present a valid certificate of femininity issued by the IOC Medical Commission or the OCA Medical Committee.

## Victory Ceremony

In individual events, the first prize shall be a gold medal, the second prize a silver medal, the third prize a bronze medal. In team events, each participating member of the winning team shall be given a gold medal, of the second team a silver medal, of the third team a bronze medal.

## Sport Information

All Sport-specific information for Athletics will be available at the sport information desks. They are located at the Athletics Technical Information Center in Aoti Main Stadium and at the Sport Information Center (SIC) in the Athletes' Village.

## Training Venues

The training will take place in Guanggong Stadium (for track, field, road events) and Aoti Main Stadium warm up area (for track and jumping events).

## Approval of the Technical Handbook

The Technical Handbook for Athletics of the 16<sup>th</sup> Asian Games was approved by the Asian Athletics Association on October 19, 2009.

## General Contacts

International Association of Athletics Federations

President: Lamine Diack (SEN)

General Secretary: Pierre Weiss (FRA)

Address: 17 rue Princesse Florestine BP 359-MC 98007 Monaco

Phone: 377 9310 8888

Fax: 377 9315 9515

E-mail: [info@iaaf.org](mailto:info@iaaf.org)

Website: [www.iaaf.org](http://www.iaaf.org)

Asian Athletics Association

President: Shri Suresh Kalmadi, M. P. (IND)

Secretary – Treasurer: Maurice R. Nicholas (SIN)

Address: No. 26, Windsor Park Road, Singapore 574132

Phone: +656 286 5506

Fax: +656 286 2432

E-mail: [aaaa@swiftech.com.sg](mailto:aaaa@swiftech.com.sg)



Website: [www.asianAthletics.org](http://www.asianAthletics.org)

Technical Delegates

Name: Maurice R. Nicholas

Address: No. 26, Windsor Park Road, Singapore 574132

Phone: +656 286 5506

Fax: +656 286 2432

E-mail: [aaaa@swiftech.com.sg](mailto:aaaa@swiftech.com.sg)

Name: C. K. Valson

Phone: +91 94 45379728

E-mail: [valson37@gmail.com](mailto:valson37@gmail.com)

Guangzhou Asian Games Organizing Committee

Sports Department

Directors: Guo Jianjun, Tian Xinde

Address: Guangzhou Asian Games Sports and Culture Center, #  
299 Tianhe Road, Tianhe District, Guangzhou 510620,  
China.

Phone: +86 20 3800 5432

Fax: +86 20 3800 5419

E-mail: [sports@gz2010.cn](mailto:sports@gz2010.cn)

Website: [www.gz2010.cn](http://www.gz2010.cn)

Competition Manager: Zhang Yongliang

Phone: +86 13911983072

E-mail: [zhangyongliang@athletics.org.cn](mailto:zhangyongliang@athletics.org.cn)

Chinese Olympic Committee

Address: 2 Tiyuguan Road, Chongwen District, Beijing, 100763,  
China

Phone: +86 10 6711 6669

Fax: +86 10 6711 5858

E-mail: [coc@olympic.cn](mailto:coc@olympic.cn)

Website: [www.olympic.cn](http://www.olympic.cn)