

## Preface

In November 2010, the 16<sup>th</sup> Asian Games will be held in Guangzhou, China. The city of Guangzhou, with its openness, kindness and warmth, is welcoming friends from all over Asia as always.

“Thrilling Games, Harmonious Asia”. In 2010, through the delivery of efficient and effective planning and organization, state-of-the-art venues and facilities, customer-oriented services with a friendly and supportive environment, Guangzhou is expecting the elite Asian athletes to display their passion and the charming of sport, for promoting the development of sport in Asia, and strengthening the sports and cultural exchanges among the Asian countries and regions.

This publication, which includes a hard copy and an electronic copy both in Chinese and English, presents the competition technical information on Gymnastics at the 16<sup>th</sup> Asian Games. It also contains information on all related services, brief introductions to China, Guangdong Province and the city of Guangzhou, as well as contact information for the relevant sport organizations.

We have the honour to present you this Technical Handbook one year prior to the opening of the 16<sup>th</sup> Asian Games. We sincerely hope this publication is conducive to and plays an important role in your participation in the 16<sup>th</sup> Asian Games.



## Organization Bodies

### OCA Executive Board

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**Chairman, Peace Through Sports Committee**

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## OCA Members

No.	NOC	Code
1	Afghanistan	AFG
2	Bahrain	BRN
3	Bangladesh	BAN
4	Bhutan	BHU
5	Brunei Darussalam	BRU
6	Cambodia	CAM
7	China	CHN
8	D.P.R. Korea	PRK
9	Hong Kong, China	HKG
10	India	IND
11	Indonesia	INA
12	Iran	IRI
13	Iraq	IRQ
14	Japan	JPN
15	Jordan	JOR
16	Kazakhstan	KAZ
17	Korea	KOR
18	Kuwait	KUW
19	Kyrgyzstan	KGZ
20	Laos	LAO
21	Lebanon	LIB
22	Macau, China	MAC
23	Malaysia	MAS
24	Maldives	MDV
25	Mongolia	MGL
26	Myanmar	MYA



No.	NOC	Code
27	Nepal	NEP
28	Oman	OMA
29	Pakistan	PAK
30	Palestine	PLE
31	Philippines	PHI
32	Qatar	QAT
33	Saudi Arabia	KSA
34	Singapore	SIN
35	Sri Lanka	SRI
36	Syria	SYR
37	Chinese Taipei	TPE
38	Tajikistan	TJK
39	Thailand	THA
40	Timor-Leste	TLS
41	Turkmenistan	TKM
42	United Arab Emirates	UAE
43	Uzbekistan	UZB
44	Vietnam	VIE
45	Yemen	YEM

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## General Information

### China in Brief

China is one of the world's most ancient civilizations with rich material and cultural heritages that trace back a history of over 5,000 years. As the world's largest developing country, China has accomplished enormous economic and social progress for which it is acclaimed by the world. Nowadays, China enjoys political and social stability and fast economic growth, and its people's living standards keep improving.

### Geography

China is situated in East Asia on the western coast of the Pacific. With a land area of 9.6 million square kilometers, China has a highly varied terrain that in general slopes downward from the west to the east.

### Climate

China has highly varied climate conditions across its vast territory. Most parts of the country are within the North Temperate Zone, typical of a continental monsoon climate, featuring moderate weather conditions and distinct four seasons.

### Population, Ethnicity and Language

Population: 1,328,020,000

Ethnicity: China is a multi-ethnic country with 56 different ethnic groups.



Language: Over 80 different languages are spoken in China, about 30 of which have written forms. Putonghua (Mandarin) is the official language of China.

## Religion

Religion: China is a country with multi-religions mainly including Buddhism, Taoism, Islam, Catholics and Christianity. Chinese citizens enjoy the freedom of religious belief.

## Miscellaneous

Currency: Renminbi (RMB) is the legal currency of China. The fractional currency is jiao and fen. One yuan is composed of 10 jiao and one jiao is composed of 10 fen. Foreign currencies can be exchanged at most hotels and banks in China.

Voltage: 220V (50Hz)

Please visit [www.gov.cn](http://www.gov.cn) for more information.

## Guangdong Province in Brief

### Geographic Location

The Guangdong Province covers a land area of 179,800 square kilometers between 20°13' – 25°31'N and 109°39' – 117°19'E on the southern end of the Chinese mainland. Situated to the north of the South China Sea, Guangdong Province has a coastline of 3,368.1 kilometers.

## Climate

Guangdong Province has a mixture of tropical and subtropical monsoon climates, with an annual average temperature of 22.3 Celsius degrees, featuring prolonged summer and warm winter. Guangdong is a humid province, as the rainfall averages between 1,300mm and 2,500mm annually. The low altitude and the ocean also have a great impact on the local climate.

## Population and Language

Population: 94,490,000

Language: Three dialect phyla in addition to Putonghua.

## Guangzhou in Brief

### Administrative Districts and Population

As the capital of Guangdong Province, Guangzhou is the political, economic, and cultural center of the province. It is also a major trading hub of China.

Covering an area of 7,434.4 square kilometers and with a resident population of nearly 10 million, Guangzhou administrates 10 districts and two county-level cities, Conghua and Zengcheng.

### Touristic Resources

Guangzhou enjoys rich touristic resources. There are more than 100 scenic sites.

The famous Eight Top Scenic Spots of Guangzhou: Baiyun



Mountain, Pearl River, Yuexiu Mountain, East Station Square, Chen Clan Academy, Huanghuagang Mausoleum of 72 Martyrs, Guangdong Olympic Sports Center and Lotus Mountain.

Other famous scenic sites include Dr. Sun Yat-sen Memorial Hall, Huangpu Military Academy, Western Han Nanyue King Museum, Guangzhou International Convention and Exhibition Center, Guangzhou Museum of Art, South China Botanical Garden, Conghua Hot Spring, Liuxi River National Forest Park, Up Down Nine Pedestrian Street, and Beijing Road Pedestrian Street, etc.

Please visit [www.gz.gov.cn](http://www.gz.gov.cn) for more information.

## History and Culture

Guangzhou is a famous cultural city with a history of more than 2,200 years. In the year of 214 B.C. , Nanhai Prefecture ( the Capital was built in “Panyu”) was founded. In the year of 226 A. D. , the city was named “Guangzhou”.

Guangzhou was the starting point of the “Maritime Silk Road” and was the earliest trade port in China. The city is also a cradle of modern Chinese revolution.

Cantonese Opera is a typical local opera. It is popular in Guangdong Province, Hong Kong, Macau and Southeast Asia. Lingnan painting school is one of China’s modern painting schools. Guangzhou’s carvings, porcelains and ceramics, and embroideries are fine art crafts famous both at home and abroad. Cantonese cuisine is one of the major cuisines in China.

It is rich in popular customs such as Spring Flower Festival, dragon boat racing, mountain climbing in the Double Ninth Festival, morning tea, etc.

## Useful Information

1. Languages: Putonghua and Cantonese
2. Time Zone: GMT +8 (Beijing Time)
3. Voltage: 220V (50Hz)
4. Emergency: Telephone Number Inquiry: 114;  
Ambulance: 120;  
Fire: 119;  
Police: 110;  
Traffic Accident: 122.
5. Banking: the following foreign credit cards can be used in Guangzhou: Master Card, Visa Card, American Express Card, and JCB, etc.

## The 16<sup>th</sup> Asian Games in Brief

Dates:	November 12 –27, 2010
Location:	Guangzhou, China
Sport Program:	42 sports, 473 events
Venues:	53 competition venues
Mission:	In the Olympic spirit and the spirit of the Asian Games, the Games seek to promote solidarity, friendship and exchanges among Asian countries and regions and to contribute to the building of a harmonious Asia.



Vision: Thrilling Games, Harmonious Asia

### The Emblem

The official emblem of the 16<sup>th</sup> Asian Games was designed based on the contours of the Statue of the Five Goats, the symbol of Guangzhou. Its soft lines move upward to form the silhouette of the Statue, which also resembles the flame in the caldron of the 16<sup>th</sup> Asian Games. The design well embodies the symbol of Guangzhou, representing the goodwill of the Guangzhou people and the dynamics of the Asian Games.

### The Mascots

Named “*Le Yangyang*” as a group, the Mascots of the 16<sup>th</sup> Asian Games are five sporty and cute goats called *A Xiang* [a:ˈsɿŋ], *A He* [a:ˈhə:], *A Ru* [a:ˈru:], *A Yi* [a:ˈji:] and *Le Yangyang* [ˈlə: jŋŋŋ] respectively. Put together, these names mean “peace, fortune and happiness”. They express the goodwill that Guangzhou hopes to bring to Asia through the 16<sup>th</sup> Asian Games: fortune, harmony, happiness, fulfillment and joy; and also convey the Games’ message - harmony and passion.

### The Asian Games Town

The Asian Games Town covers a planned area of 2.73 square kilometers on the east side of Guangzhou New Town, right at the foot of the Lotus Mountain and alongside the Lotus Waterway. Well-equipped and set in a beautiful environment, the Asian Games Town comprises the Athletes’ Village, the Media Village, the International Broadcast Center, the Main Press Center and the Asian Games Park.

## **Accreditation and Validation**

GAGOC will start distributing the accreditation application forms and Users' Guide from March 15, 2010.

The completed accreditation application forms shall be returned to GAGOC by June 30, 2010.

From September 1, 2010, GAGOC will start sending out the accreditation cards of the 16<sup>th</sup> Asian Games to NOCs that have submitted valid accreditation application forms with photos before June 30, 2010. The bearers of the accreditation cards can activate the accreditation cards at the accreditation centers at the airport or the Asian Games Town /the sub-villages upon entering China. Once activated, the accreditation cards will be used as the official IDs for participation in the 16<sup>th</sup> Asian Games. The bearers have access rights to different venues and zones according to the access entitlement specified on their accreditation cards.

## **Immigration / Visa**

From October 13 to December 12, 2010, AGIAC holders will be permitted multiple entries into China upon presentation of their AGIAC, together with a valid passport or other valid international travel documents. Card holders will not need to apply for a China Visa or Residence Permit in order to enter the country. Any AGIAC holders wishing to enter China before or after the validity period of the AGIAC, or remain in China after its expiry date, will need to make their own arrangements regarding visas or



residence permit.

AGIAC holders should ensure that the information on their valid passport or international travel documents when entering China is exactly the same with the information on the certified document used for application for AGIAC, and that their passport or travel document remain valid at least till May 31, 2011.

AGIAC: ASIAN GAMES IDENTITY ACCREDITATION CARD

## **Transportation**

### **Transport Services for Arrival and Departure**

Provision of shuttle bus services for athletes and team officials between designated sites and their accommodations during the arrival and departure period of the Games. Provision of group bus services for arriving or departing athletes and team officials. The group bus services require advance reservation.

### **Dedicated Bus Services for Team Events (for team events)**

Provision of dedicated group bus services for athletes' teams participating in team events for training and competition. These group bus services require reservation and confirmation.

### **Transport Services for Competitions (for non-team events)**

Provision of shuttle bus services for athletes and team officials participating in non-team events between their accommodations and the applicable competition venues as per the competition schedule.

### Transport Services for Training ( for non-team events)

Provision of shuttle bus services for athletes and team officials participating in non-team events between their accommodations and the training venues as per the training schedule. These services will stop at 1:00pm on the day of the Opening Ceremony. Athletes who wish to continue to train until later on that day may use an NOC Dedicated Vehicle for their trips to and from the training venues.

### Transport Services for Spectating

Provision of shuttle bus services for athletes and team officials as spectators between the Athletes' Village and all competition venues as per the competition schedule. Athletes and team officials as spectators of an event or events of their own sports are permitted to use the competition bus service to the applicable venue. However, priority will be given to competing athletes and their team officials.

### Transport Services for Luggage

The luggage belonging to athletes and team officials should, in principle, be carried by the bus they take. If that is impossible, due to insufficient storage space, a separate vehicle will be provided to transport these items to their destinations.

### Transport Services between Villages

Provision of shuttle bus services between the Athletes' Sub-villages and the Athletes' Village while the Athletes' Sub-villages are open.



## Accommodation

During the Games time, over 10,000 athletes and team officials will be accommodated in the Athletes' Village which boasts 49 apartment buildings consisting of 3,598 apartments. The Athletes' Village will be officially opened on November 5, 2010 and closed on November 30, 2010. It is divided into the Public Area, the International Area and the Residential Area. Separate accreditation is required for entering the three areas.

## Media

### Mixed Zones

Mixed zones will be set up in the competition venues to facilitate interactions between athletes and the media. As per the requirements of the OCA, athletes must pass through the mixed zones after finishing their competitions, but are not obligated to take the media's questions. Each journalist should complete his or her interview within one minute.

AFs and the competition management teams will provide necessary assistance to ensure that athletes can pass through the mixed zone smoothly.

### Press Conference

Generally, a press conference will be organized immediately after each final for the medalists (and coaches/other athletes, if necessary) to meet with the media. The media operation team will usher the participants into the press room. The press

conference will be interpreted in English and Chinese.

## **Medical Services**

All competition and non-competition venues will include athlete medical stations, where professional medical staff as well as ambulances will stand by. The centers provide first-aid service during the period when the competition/training venues are open.

The Asian Games Town will have a polyclinic, providing treatment and consultation across the departments of internal medicine and surgery, including ophthalmology, stomatology, physical treatment, massage, X-rays, pharmacy, etc. It also has an emergency room open 24 hours a day, with ambulances stand-by. Any patients who need further diagnosis and treatment will be transferred to designated hospitals of the Games.

Free medical services will be provided to members of the Asian Games Family during the Games time.



## Weather Information in November

City	Guangzhou	Foshan	Dongguan	Shanwei
Prevailing Wind	N	NNW	NE	NE
Mean Wind Speed (m/s)	1.8	1.9	1.8	3
Maximum Wind Speed (m/s)	13.7	10	8.3	18
Highest Gust (m/s)	22.8	17.3	13.3	26.2
Mean Temperature ( °C )	19.8	19.8	20.1	20.7
Mean Maximum Temperature ( °C )	33.4	32.9	33.6	33.2
Mean Minimum Temperature ( °C )	4.9	4.2	4.5	5.8
Mean Sea Surface Temperature ( °C )				22.3
Daily Mean Relative Humidity ( % )	65.8	68.3	67.6	69
Mean Monthly Rainfall ( mm )	34.8	35.2	32.7	28.3
Maximum Monthly Rainfall ( mm )	144.7	159.8	123.7	487
Maximum 24-Hour Rainfall ( mm )	116.3	78.5	99	273.5
Mean Number of Days with Rain ( days )	5.4	5.3	5.1	3.9

City	Guangzhou	Foshan	Dongguan	Shanwei
Mean Number of Days with Fog ( days )	0.2	1	0.1	0
Mean Number of Days with Thunderstorm ( days )	0.2	0.2	0.1	0.1
Mean Daily Sunshine ( hours/days )	5.7	5.6	6.3	6.1

( Data based on 2006 to 2008 )



# Competition Technical Information

## Artistic Gymnastics

### Competition Date and Venue

The Artistic Gymnastics competition of the 16<sup>th</sup> Asian Games will be held from 13 to 17, 2010 in Asian Games Town Gymnasium.

### Competition Management

#### Technical Delegates

Men's: Adrian Stoica (ROU)

President of Men's Technical Committee, Fédération Internationale de Gymnastique (FIG)

Women's: Nellie Kim (BLR)

President of Women's Technical Committee, Fédération Internationale de Gymnastique (FIG)

#### Competition Manager

Pan Chenfei

### Competition Events

The Artistic Gymnastics of the 16<sup>th</sup> Asian Games will consist of 14 events:

Men's: Team, Individual All-Around, Floor, Pommel Horse, Rings, Vault, Parallel Bars, Horizontal Bar

Women's: Team, Individual All-Around, Floor, Vault, Uneven Bars, Balance Beam

## Competition Schedule

Day 1		November 13 (Saturday)		
	Session GA 01	Start: 09:30	End: 21:45	Asian Games Town Gymnasium
	09:30 – 11:30	Men's Qualification and Team Final		
	15:30 – 17:30	Men's Qualification and Team Final		
	19:30 – 21:30	Men's Qualification and Team Final		
	21:30 – 21:45	Men's Team Victory Ceremony		
Day 2		November 14 (Sunday)		
	Session GA 02	Start: 09:30	End: 21:45	Asian Games Town Gymnasium
	09:30 – 11:30	Women's Qualification and Team Final		
	15:30 – 17:30	Women's Qualification and Team Final		
	19:30 – 21:30	Women's Qualification and Team Final		
	21:30 – 21:45	Women's Team Victory Ceremony		
Day 3		November 15 (Monday)		
	Session GA 03	Start: 15:30	End: 21:45	Asian Games Town Gymnasium
	15:30 – 17:45	Men's All-Around Final		
	17:45 – 18:00	Men's All-Around Victory Ceremony		
	19:30 – 21:30	Women's All-Around Final		
	21:30 – 21:45	Women's All-Around Victory Ceremony		
Day 4		November 16 (Tuesday)		
	Session GA 04	Start: 19:30	End: 22:00	Asian Games Town Gymnasium
	19:30 – 20:00	Men's Floor Final		
	20:00 – 20:10	Men's Floor Victory Ceremony		



	20:10 – 20:50	Final: Men's Pommel Horse & Women's Vault		
	20:50 – 21:00	Men's Pommel Horse & Women's Vault Victory Ceremony		
	21:00 – 21:50	Final: Men's Rings & Women's Uneven Bars		
	21:50 – 22:00	Men's Rings & Women's Uneven Bars Victory Ceremony		
<b>Day 5</b>	<b>November 17 ( Wednesday )</b>			
	<b>Session GA 05</b>	<b>Start : 19:30</b>	<b>End : 22:00</b>	<b>Asian Games Town Gymnasium</b>
	19:30 – 20:10	Final: Men's Vault & Women's Balance Beam		
	20:10 – 20:20	Men's Vault & Women's Balance Beam Victory Ceremony		
	20:20 – 21:10	Final: Men's Parallel Bars & Women's Floor		
	20:50 – 21:00	Men's Parallel Bars & Women's Floor Victory Ceremony		
	21:00 – 21:50	Final: Men's Horizontal Bar		
	21:50 – 22:00	Men's Horizontal Bar Victory Ceremony		

Note: The competition schedule is subject to change according to the final entries.

## Competition Venue

Asian Games Town Gymnasium

## Competition Rules

The Artistic Gymnastics competition of the 16<sup>th</sup> Asian Games shall be conducted in accordance with the Technical Rules of FIG and the FIG Artistic Gymnastics Code of Points, in force during 2009 – 2012.

In case of any disagreement in the interpretation of the Technical Rules of FIG and the FIG Artistic Gymnastics Code of Points, the English version shall prevail.

## Competition Format

There are the Qualifications ( Competition I ) & Team Finals ( Competition IV ), All-Around Finals ( Competition II ), and Apparatus Finals ( Competition III ). All the competitions should be held in accordance with the Code of Points and Technical Regulations.

Any gymnast or team who is absent with unjustified reason will be disqualified.

### Competition I: Qualifications

Competition I serves as the qualification for the All-Around Finals and the Apparatus Finals. This competition is organized by a rotation of groups. Each group comprises a team of 4 – 6 gymnasts. A team shall assign not more than five gymnasts to compete on each apparatus and the best four scores on each apparatus will be taken into account for the team total, or 1– 3 gymnasts to compete in individual competitions.

### Competition II: All-Around Finals






Each NOC shall enter not more than two gymnasts to perform the All-Around Finals.

The top 24 gymnasts ( maximum two per NOC ) from the Qualifications shall compete in the All-around Finals.





The starting order shall be decided by drawing lots.



## Men

Orders	Events					
	Rounds					
Round 1	5,4,3 2,1,6	11,10,9 8,7,12	17,16,15 14,13,18	23,22,21 20,19,24		
Round 2		4,3,2 1,6,5	10,9,8 7,12,11	16,15,14 13,18,17	22,21,20, 19,24,23	
Round 3			3,2,1 6,5,4	9,8,7 12,11,10	15,14,13 18,17,16	21,20,19 24,23,22
Round 4	20,19,24 23,22,21			2,1,6 5,4,3	8,7,12 11,10,9	14,13,18 17,16,15
Round 5	13,18,17 16,15,14	19,24,23 22,21,20			1,6,5 4,3,2	7,12,11 10,9,8
Round 6	12,11,10 9,8,7,	18,17,16 15,14,13	24,23,22 21,20,19			6,5,4 3,2,1

## Women

Orders	Events				
	Round				
Round 1	5,4,3 2,1,6	11,10,9 8,7,12	17,16,15 14,13,18	23,22,21 20,19,24	
Round 2	22,21,20 19,24,23	4,3,2 1,6,5	10,9,8 7,12,11	16,15,14 13,18,17	
Round 3	15,14,13 18,17,16	21,20,19 24,23,22	3,2,1 6,5,4	9,8,7 12,11,10	
Round 4	8,7,12 11,10,9	14,13,18 17,16,15	20,19,24 23,22,21	2,1,6 5,4,3	

### Competition III: Apparatus Finals

The top 8 gymnasts ( maximum two per NOC ) qualified from each of the apparatus for men and women in the Competition I will perform on Apparatus Finals. Each NOC shall enter not more than two gymnasts to compete the Apparatus Finals. The starting order shall be decided by drawing lots. Three substitute gymnasts (placing 9 – 11 ) for each apparatus shall be available until the end of the competition.

### Entry Places and Awards

#### Team ( C-IV)

The team total scores will be composed of the best four scores on each apparatus in the Competition I. In the case of equality of scores, the tie will not be broken and the next place ( s ) is empty.

#### Competition II

The scores of the Competition II will determine the places, In the case of equality of scores, the tie will not be broken and the next place(s) is empty.

#### Competition III

The scores of the Competition III will determine the places, In the case of equality of scores, the tie will not be broken and the next place(s) is empty.

#### Grouping

Gymnasts' grouping shall be conducted by drawing lots in accordance with relevant regulations approved by FIG.



## Sport Entries

### Eligibility

Only OCA members may enter in the Asian Games. The NOCs participating in the Artistic Gymnastic competition must comply with the AGU regulations and rules.

### Entry Timeline

The 1<sup>st</sup> Entry ( Entry by Sport ) – Deadline: 24 : 00 of October 31, 2008 ( Beijing Time )

The 2<sup>nd</sup> Entry( Entry by Event/Number ) – Deadline: 24 : 00 of July 31, 2010 ( Beijing Time )

The 3<sup>rd</sup> Entry( Entry by Name ) – Deadline: 24 : 00 of September 30, 2010 ( Beijing Time )

### Entry Policies

**Individual Events:** Each participating NOC may enter a maximum of three athletes if only participating in individual events.

**Team Events:** Each participating NOC may enter one team in each team event. Each team is with a maximum of six and a minimum of four athletes.

**Total:** Each participating NOC may enter a maximum of six men and six women athletes in Artistic Gymnastics.

**Rule:** The age of the athletes for Artistic Gymnastics ( men and women ) must be 16 years of age by 31 December 2010.

For the detailed entry policies, please refer to *Sport Entries Manual of the 16<sup>th</sup> Asian Games*.

## Technical Meeting

Time and Place: TBD

## Technical Officials

Technical Delegate will be appointed by AGU.

The Jury of Appeal will be appointed by AGU.

## Protests and Appeals

The reason, time-limit, object and procedure of the inquiry should be conducted strictly according to the Jury Regulations laid down in the FIG TR.

Inquiries for D score rather than other scores can be accepted. According to Article 8.4 of the Technical Regulations (2009), the procedure of the inquiry is as follows:

1. Inquiries for the difficulty scores are allowed, provided that they are made verbally immediately after the publication of the score or at the very latest before the end of the exercise of the following gymnast, for the last gymnast of a rotation, this limit is one minute after the score is shown on the score board. The person designated to receive the verbal inquiry has to note the time of receiving it and this starts the procedure.
2. Only the accredited coaches are entitled to submit an inquiry.
3. Late verbal inquiries will be rejected. A federation is not



allowed to complain against a gymnast from another federation.

4. The inquiry must be confirmed as soon as possible in writing, but within four minutes at the latest after the verbal inquiry (The inquiry requires an agreement of payment of CHF 300 each time. The team leader will sign his name and submit the sum first. After the competition, it will be transferred to the Organizing Committee). Should the inquiry not be confirmed in writing within four minutes, the procedure becomes obsolete.
5. Should the inquiry prove correct and is accepted, this sum will be reimbursed.
6. Every inquiry must be examined by the Superior Jury and a final decision (which may not be appealed) must be taken at the very latest:

— at the end of the rotation (or group) for the qualifying competitions, and the team competition (final)

— before the score of the following gymnast is shown for the All-around finals and Individual finals.

7. The Inquiry shall not be accepted if not be in accordance with the criteria mentioned above.
8. The decision from the Jury of Appeal shall be the final.

## Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in the 16<sup>th</sup> Asian Games Artistic Gymnastic competition must comply with the FIG Competition Rules. All sport equipments shall meet the FIG requirements and have valid FIG certificates.

## Doping Control

Doping Control during the 16<sup>th</sup> Asian Games will be conducted in accordance with OCA Anti-Doping Rules applicable to the Asian Games and will follow the standards and procedures under the World Anti-Doping Programme.

## Gender Verification

Gender verification tests shall be carried out in accordance with the OCA Constitution and Rules, except for those athletes who present a valid certificate of femininity issued by the IOC Medical Commission or the OCA Medical Committee.

## Victory Ceremony

Gold, silver and bronze medals will be awarded to the gymnasts ranked the top three of each event respectively.

Fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms.



## Sport Information

All Sport-specific information for Artistic Gymnastics will be available at the sport information desks. They are located at the competition venue and at the Sport Information Center (SIC) in the Athletes' Village.

## Training Venue

Guangzhou Sports Polytechnic



# Competition Technical Information

## Rhythmic Gymnastics

### Competition Date and Venue

The Rhythmic Gymnastics competition of the 16<sup>th</sup> Asian Games will be held from November 25 to 26, 2010 in Asian Games Town Gymnasium.

### Competition Management

#### Technical Delegate

Maria Szyszkowska (Poland)

President of Rhythmic Gymnastics Technical Committee,  
International Gymnastics Federation ( FIG )

#### Competition Manager

Wang Tongjie

### Competition Events

The Rhythmic Gymnastics of the 16<sup>th</sup> Asian Games will consist of two events: Individual All-Around and Team

### Competition Schedule

Day 12	November 24 ( Wednesday )		
		Start: 08:00	Asian Games Town Gymnasium
	9:30 – 10:30	Orientation Meeting	
	11:00 – 13:00	Judges Course and Judges Draw( C1, C2 )	



	08:00 – 20:00	Podium Training	
<b>Day 13</b>	<b>November 25 (Thursday)</b>		
	<b>Session GR 01</b>	<b>Start: 09:00</b>	<b>Asian Games Town Gymnasium</b>
	09:00 – 13:00	Qualifying individual Competition with Team ranking-Competition I	
	15:00 – 19:00	Qualifying individual Competition with Team ranking-Competition I	
	19:15 – 19:30	Teams Victory Ceremony	
<b>Day 14</b>	<b>November 26 (Friday)</b>		
	<b>Session GR 02</b>	<b>Start: 09:00</b>	<b>Asian Games Town Gymnasium</b>
	09:00 – 10:45	Competition II Individuals All-Around. Group 2 ( ranking 13 – 24 )	
	11:00 – 12:45	Competition II Individuals All-Around. Group 1 ( ranking 1 – 12 )	
	12:45 – 13:00	Individuals All-around Victory Ceremony	

Note: The competition schedule is subject to change according to the final entries.

## Competition Venue

Asian Games Town Gymnasium

## Competition Rules

The Rhythmic Gymnastic competition of the 16<sup>th</sup> Asian Games will be held in accordance with FIG Technical Regulations 2009 and FIG Code of Points for Rhythmic Gymnastic 2009, in force during the Games time.

In case of any disagreement in the interpretation of the Rules, the English version shall prevail.

Asian Gymnastics Union (AGU) will be responsible for the technical management and supervision of the Rhythmic



Gymnastic competition.

## Competition Format

Qualifying individual Competition with Team ranking-  
Competition I

A team may consist of three or four gymnasts and each gymnast may, subject to compliance with the following requirement, perform one to four exercises (maximum).

The competition programme comprises exercises using the four apparatus prescribed in the programme of the year 2010. Each team must perform three exercises with each apparatus by different gymnasts, making a total of 12 exercises.

The team classification is made by adding up the 10 best scores registered by the gymnasts of the team.

### Individual All-Around Competition II

The 24 best gymnasts from Competition I are divided into two groups based on the results of Competition I, with a maximum of two gymnasts per NOC.

The programme consists of four exercises with the four prescribed apparatus and the classification is made by adding the four scores obtained with the four apparatus. The results of Competition I will not be taken into account.



## Draw

The draw will be conducted in accordance with the relevant FIG Regulations.

## Sport Entries

### Eligibility

Only OCA members may enter in the Asian Games. The NOCs participating in the Rhythmic Gymnastics competition in the 16<sup>th</sup> Asian Games must comply with the AGU regulations and rules.

### Entry Timeline

The 1<sup>st</sup> Entry( Entry by Sport) – Deadline: 24:00 of October 31, 2008 (Beijing Time)

The 2<sup>nd</sup> Entry( Entry by Event/Number) – Deadline: 24:00 of July 31, 2010 (Beijing Time)

The 3<sup>rd</sup> Entry( Entry by Name) – Deadline: 24:00 of September 30, 2010(Beijing Time)

For the detailed entry policies, please refer to *Sport Entries Manual* of the 16<sup>th</sup> Asian Games.

## Technical Meeting

Time: 9:30 – 10:30, November 24, Orientation Meeting

Place: TBD

## Technical Officials

AGU will appoint the Technical Delegate.



AGU will appoint the Jury of Appeal.

## Protests and Appeals

The procedures of protests and appeals shall follow the relevant rules of FIG Technical Regulations 2009 and FIG Rhythmic Gymnastic Code of Points 2009, in force during the Games time.

## Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in the 16<sup>th</sup> Asian Games Rhythmic Gymnastic competition must comply with the FIG Technical Regulations. All apparatus must meet the FIG requirements and have valid FIG certifications.

## Doping Control

Doping Control during the 16<sup>th</sup> Asian Games will be conducted in accordance with OCA Anti-Doping Rules applicable to the Asian Games and will follow the standards and procedures under the World Anti-Doping Programme.

## Gender Verification

Gender verification tests shall be carried out in accordance with the OCA Constitution and Rules, except for those athletes who present a valid certificate of femininity issued by the IOC Medical Commission or the OCA Medical Committee.

## Victory Ceremony

Gold, silver and bronze medals will be awarded to the athletes/teams ranked the top three of each event respectively.



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Fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms.

## Sport Information

All Sport-specific information for Rhythmic Gymnastics will be available at the sport information desks. They are located at the competition venue and at the Sport Information Center (SIC) in the Athletes' Village.

## Training Venue

Guangzhou Sports Polytechnic

# Competition Technical Information

## Trampoline

### Competition Date and Venue

The Trampoline competition of the 16<sup>th</sup> Asian Games will be held from November 21 to 22, 2010 in Asian Games Town Gymnasium.

### Competition Management

Technical Delegate

Horst Kunze (GER)

President of Trampoline Technical Committee, Fédération Internationale de Gymnastique (FIG)

Competition Manager

Jia Wuhua

### Competition Events

The Trampoline competition of the 16<sup>th</sup> Asian Games will consist of two events: Men's individual and Women's individual.

### Competition Schedule

Day 9	November 21 ( Sunday)		
	Session GT 01	Start: 11:00	Asian Games Town Gymnasium
		Women's Qualification – 1 <sup>st</sup> Routine	
		Women's Qualification – 2 <sup>nd</sup> Routine	
		Men's Qualification – 1 <sup>st</sup> Routine	



		Men's Qualification – 2 <sup>nd</sup> Routine	
<b>Day 10</b>	<b>November 22 (Monday)</b>		
	<b>Session GT 02</b>	<b>Start: 16:00</b>	<b>Asian Games Town Gymnasium</b>
		Women's Final	
	<b>Session GT 03</b>	<b>Start: 16:30</b>	<b>Asian Games Town Gymnasium</b>
		Men's Final	
		Women's Victory Ceremony	
		Men's Victory Ceremony	

Note: The competition schedule is subject to change according to the final entries.

## Competition Venue

Asian Games Town Gymnasium

## Competition Rules

The Trampoline competition of the 16<sup>th</sup> Asian Games will be held in accordance with FIG Technical Regulations 2009 and FIG Trampoline Code of Points 2009, in force during Games time.

In case of any disagreement in the interpretation of the Regulations and Rules, the English version shall prevail.

Asian Gymnastics Union (AGU) is responsible for the technical management and supervision of the Trampoline competition.

## Competition Format

The Trampoline competition is divided in two phases: the Qualification Round and the Final Round. The competitions comprise three routines with 10 elements in each routine.



## Qualification Round

There are two routines in the Qualifying Round. The first routine includes both free and special requirements, in which the execution score is added to the difficulty score of two free elements to give the total for a routine. The second routine is a voluntary routine, in which the execution score is added to the difficulty score to give the total for a routine. The eight men and eight women with the best total scores from these two routines qualify for the final. Scores from the qualifying round do not carry over to the final.

## Final Round

There is one voluntary routine in the final, in which the execution score is added to the difficulty score to give the total for a routine. The gymnast with the highest score in the final is the winner.

## Sport Entries

### Eligibility

Only OCA members may enter in the Asian Games. The NOCs participating in the Trampoline competition in the 16<sup>th</sup> Asian Games must comply with the AGU regulations and rules.

### Entry Timeline

The 1<sup>st</sup> Entry (Entry by Sport) – Deadline: 24:00 of October 31, 2008 (Beijing Time)

The 2<sup>nd</sup> Entry (Entry by Event/Number) – Deadline: 24:00 of July 31, 2010 (Beijing Time)



The 3<sup>rd</sup> Entry (Entry by Name) – Deadline: 24:00 of September 30, 2010 (Beijing Time)

For the detailed entry policies, please refer to *Sport Entries Manual* of the 16<sup>th</sup> Asian Games.

## Technical Meeting

Time and Place: TBD

## Technical Officials

The Technical Delegate will be appointed by AGU.

The Jury of Appeal will be appointed by AGU.

## Protests and Appeals

The procedures of protests and appeals shall follow the relevant rules of FIG Technical Regulations 2009 and FIG Trampoline Code of Points 2009.

## Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in the 16<sup>th</sup> Asian Games Trampoline competition must comply with the FIG Technical Regulations. All apparatus must meet the FIG requirement and have valid FIG certifications.

## Doping Control

Doping Control during the 16<sup>th</sup> Asian Games will be conducted in accordance with OCA Anti-Doping Rules applicable to the Asian Games and will follow the standards and procedures under the World Anti-Doping Programme.



## Gender Verification

Gender verification tests shall be carried out in accordance with the OCA Constitution and Rules, except for those athletes who present a valid certificate of femininity issued by the IOC Medical Commission or the OCA Medical Committee.

## Victory Ceremony

Gold, silver and bronze medals will be awarded to the athletes ranked the top three of each event respectively.

Fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms.

## Sport Information

All Sport-specific information for Trampoline will be available at the sport information desks. They are located at the competition venue and at the Sport Information Center (SIC) in the Athletes' Village.

## Training Venue

Guangzhou Sports Polytechnic

# Approval of the Technical Handbook

The Technical Handbook for Gymnastics of the 16<sup>th</sup> Asian Games was approved by the Asian Gymnastics Union (AGU) on September 21, 2009.



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